



# Ambulatory Blood Pressure Monitor Return Form

ID NUMBER:

FORM CODE: ABPR

DATE: 1/18/2022  
Version 1.0

## ADMINISTRATIVE INFORMATION

0a. Completion Date: //

0b. Staff ID:

**Instructions:** *This form is completed for all participants who agree to take part in the Ambulatory Blood Pressure Monitor (ABPM) ancillary study.*

## A. ABPM Participant Experience Form

1. Was the participant experience form returned to the clinic with the ABPM device?

Yes.....Y

No .....N → **Go to item 4**

2. Participant-reported end time: : HH:MM

3. Compared to a typical day in your life, please rate whether you had more or less of the following things during your 26-hours of blood pressure monitoring.

3a. Stress:

- Much less ..... 1
- A little less..... 2
- About the same..... 3
- A little more..... 4
- Much more..... 5

3b. Pain:

- Much less ..... 1
- A little less..... 2
- About the same..... 3
- A little more..... 4
- Much more..... 5

3c. Time sleeping:

Much less ..... 1

A little less..... 2

About the same..... 3

A little more..... 4

Much more..... 5

3d. Physical activity:

Much less ..... 1

A little less..... 2

About the same..... 3

A little more..... 4

Much more..... 5

3e. Feeling light-headed or dizzy:

Much less ..... 1

A little less..... 2

About the same..... 3

A little more..... 4

Much more..... 5

3f. Time feeling sick:

Much less ..... 1

A little less..... 2

About the same..... 3

A little more..... 4

Much more..... 5

## B. ABPM Participant Activity Log

4. Was the participant activity log returned to the clinic?

Yes.....Y

No .....N → **Go to item 17**

5. Participant-reported sleep and wake times:

5a. Sleep time:   :   HH:MM

5b. Wake time:   :   HH:MM

Complete the following based on the table in the Participant Activity Log:

| Time         | a. Activity Reported by Participant?                                      | a1. Nap                  | a2. Meal                 | a3. Physical Activity    | a4. Headache             | a5. Lightheaded          | a6. Stressful Event      | a7. Driving              |
|--------------|---|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|
| 6. 8am-11am  | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. 11am-2pm  | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. 2pm-5pm   | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. 5pm-8pm   | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. 8pm-11pm | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. 11pm-2am | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. 2am-5am  | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. 5am-8am  | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. 8am-11am | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. 11am-2pm | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. 2pm-5pm  | Yes..... <input type="checkbox"/> Y<br>No..... <input type="checkbox"/> N | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> | <input type="checkbox"/> |

**C. ABPM Device**

17. ABPM device serial number: \_\_\_\_\_ - \_\_\_\_\_

18. Was the ABPM device returned to the clinic?

Yes.....<sub>Y</sub>

No .....<sub>N</sub> → **Save and close form**

19. Date ABPM device returned to clinic: //

20. Was the data successfully downloaded from the device?

Yes.....<sub>Y</sub>

No .....<sub>N</sub> → **Save and close form**

21. Was the exported file successfully attached to this form?

Yes.....<sub>Y</sub>

No .....<sub>N</sub>