



## INSTRUCTIONS FOR CLIENT-ORIENTED SCALE OF IMPROVEMENT BASELINE (COSIX) FORM

### I. General Instructions

The Client-Oriented Scale of Improvement Baseline (COSIX) collects information about three situations which the participant would like to use as goals to hear better following intervention. Participants may choose to maintain their goals from the original ACHIEVE study or to create new goals.. These baseline goals are revisited at intervention sessions via the COSIX GOALS ACHIEVEMENT FORM.

This form is to be completed during the randomization visit.

### II. Detailed Instructions for Each Item– Clinic Exam

0a. Enter the date on which the participant was seen in the clinic.

0b. Enter the staff ID for the person who completed this form.

Goal setting suggested script:

*“I would like you to think about your three most important goals to hear and understand better. These can be the same goals you made in the past (3 years ago), if those situations are still important to you; OR you can set one or more new goals if there are new listening situations in your life you would like to improve.*

*It helps to think in terms of what areas of your life you would like to continue listening well in or areas you would like to see some improvement in.*

*Try to be as specific as possible. The more specific you are, the better we can tell if the tools that we are providing you are helping, or if we need to be doing something different to help you achieve your goals.”*

Make sure to record as much detail and as many specifics about the goal as possible. For example, if the goal involves hearing in a restaurant, make sure to include details on the restaurant’s setting, where the participant sits, with whom the participant talks, and when they go to the restaurant. Please note, it is possible the goal does not fit into the provided categories, in which case, ‘other’ is acceptable. If participant has a goal of listening during a video call, this should be classified as “phone”.

1a. Record the goal with specific details (who, what, where, when, etc.)

1b. Categorize the goal as best as possible.

1c. Record the study when the goal was established (ACHIEVE Main or ACHIEVE-HIFU).

Repeat for 2a-2c and 3a-3c.