



INSTRUCTIONS FOR HEARING AND NOISE EXPOSURE (HEX) FORM

I. General Instructions

The Hearing and Noise Exposure form captures the hearing and noise exposure history of the participant.

This is an interviewer-administered questionnaire given to all participants. This form is to be completed during the participant's Baseline only.

II. Detailed instructions for each item

0a. Enter the date the form was completed.

0b. Enter staff ID of the person administering the form

1. Read the question aloud and use the Q1 Response card to help the participant choose the best answer.

2. Read the question aloud and record either "yes" or "no"

- If "no", proceed to question 3
- If "yes", proceed to question 2a

2a. Read the question aloud and record their response

2b. Read the question aloud and record their numeric response to the nearest round number.

2c. Read the question aloud and record their numeric response to the nearest round number.

3. Read the question aloud and record either "yes" or "no"

- If "no", proceed to question 4
- If "yes", proceed to question 3a.

3a. Read the question and record the participants answer in the space provided

3b. Read the question and use Q3b Response card to help the participant choose the best answer

4. Read the question aloud and record either “yes” or “no”
 - If “no”, proceed to question 5
 - If “yes”, proceed to question 4a.
 - If the participant is having difficulty answering this question please provide the following guidance, “tinnitus is defined here as an ear noise, such as ringing or buzzing, that lasts at least five minutes and occurs at least two times per week.”

4a. Read the question aloud and record their response

5. Read the question aloud and record their response.
 - If “no” or “don’t know”, proceed to question 6
 - If “yes”, proceed to question 5a

5a-d: Read the question aloud and record their response

5e. Use Q5e response card to help participant choose their best response.

6. Read the question aloud and record their response.
 - If “no” or “don’t know”, proceed to question 7
 - If “yes”, proceed to question 6a

6a. Use Q6a response card to help participant choose their best response.

7. Read the question aloud and record their response.

8. Read the question aloud and record their response.

8a. If the response to question 8 was “yes”, specify in space provided for question 8a.

9. Read the question aloud and record their response.

- If "no", save and close form.
- If "yes, proceed to question 9a.

9a. If the response to question 9 was "yes", please select "left", "right", or "both".

Q1 Response Card

0. Deaf
1. A lot of trouble
2. Moderate trouble
3. A little trouble
4. Good
5. Excellent

Q3b Response Card

0. None
1. Less than 1 h/day
2. 1-4 h/day
3. 4-8 h/day
4. More than 8 h/day

Q5e Response Card

1. 1 to less than 100 rounds
2. 100 to less than 1000 rounds
3. 1000 to less than 10,000 rounds
4. 10,000 to less than 50,000 rounds
5. 50,000 or more rounds

Q6a Response Card

1. Less than 3 months
2. 3 to 11 months
3. 1 to 2 years
4. 3 to 4 years
5. 5 to 9 years
6. 10-14 years
7. 15 or more years