

Cohort, Exam 1**Respiratory Symptoms / Physical Activity Form: FORM CODE=RPA VERSION=A**

Instructions: This form should be completed during the participant's visit. Whenever numerical responses are required, enter the number so that the last digit appears in the rightmost box. Enter leading zeroes where necessary to fill all boxes.

ID		ARIC Subject ID (Cir)
N	Value	Description
15787	Present	Text suppressed

A. COUGH

RPAA01		Usually have a cough? Q1
N	Value	Description
13782	N	No [skip to Q.3]
1978	Y	Yes [skip to Q.7]
27		Missing

RPAA02		Do you usually cough as much as 4 to 6 times a day, 4 or more days out of the week? Q2
N	Value	Description
457	N	No
1529	Y	Yes
13801		Missing

RPAA03		Do you usually cough at all on getting up, or first thing in the morning? Q3
N	Value	Description
13770	N	No
1989	Y	Yes [skip to Q.7]
28		Missing

RPAA04		Do you usually cough at all during the rest of the day or at night? Q4
N	Value	Description
13921	N	No
1833	Y	Yes [skip to Q.7]
33		Missing

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If any of questions 1, 3, and 4 are answered "Yes" answer questions 5 and 6, if not, go to item 7

RPAA05		Do you usually cough like this on most days for 3 consecutive months or more during the year?	Q5
N	Value	Description	
1016	N	No	
1967	Y	Yes	
12804		Missing	

RPAA06		Number years had this cough	Q6
N	Value	Description	
2818	Range	0 - 64 (median=5 mean=9.5 std=11.6)	
12969		Missing	

B. PHLEGM

RPAA07		Do you usually bring up phlegm from your chest?	Q7
N	Value	Description	
13845	N	No [skip to Q.9]	
1916	Y	Yes [skip to Q. 11, Q.12]	
26		Missing	

RPAA08		Do you usually bring up phlegm like this as much as twice a day, 4 or more days out of the week?	Q8
N	Value	Description	
642	N	No [skip to Q.13]	
1287	Y	Yes	
13858		Missing	

RPAA09		Do you usually bring up phlegm at all on getting up, or first thing in the morning?	Q9
N	Value	Description	
2	L		
13783	N	No [skip to Q.13]	
1912	Y	Yes [skip to Q. 11, Q.12]	
90		Missing	

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RPAA10		Do you usually bring up phlegm at all during the rest of the day or at night? Q10
N	Value	Description
14495	N	No [skip to Q.13]
1198	Y	Yes [skip to Q. 11, Q.12]
94		Missing

If any of questions 7, 9, and 10 are answered "Yes", answer questions 11 and 12, if not, go to item 13

RPAA11		Do you bring up phlegm like this on most days for 3 consecutive months or more during the year? Q11
N	Value	Description
870	N	No [skip to No]
1725	Y	Yes [skip to Y]
13192		Missing

RPAA12		Number years had trouble with phlegm Q12
N	Value	Description
2478	Present	Text suppressed
13309		Missing

C. WHEEZING

RPAA13		Does your chest ever sound weezy or whistling when you have a cold? Q13
N	Value	Description
2	G	
9206	N	No
6550	Y	Yes
29		Missing

RPAA14		Does your chest ever sound wheezy or whistling apart from colds? Q14
N	Value	Description
2	F	
14040	N	No
1720	Y	Yes
25		Missing

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RPAA15		Does your chest sound wheezy or whistling most days or nights? Q15
N	Value	Description
5388	N	No
2	R	
1388	Y	Yes
9009		Missing

RPAA16		Number years this wheezy or whistling sound been present Q16
N	Value	Description
6137	Present	Text suppressed
9650		Missing

RPAA17		Short Of Breath Wheezing Attack? Q17
N	Value	Description
13959	N	No [skip to Q.21]
1805	Y	Yes
23		Missing

RPAA18		Age at first attack Q18
N	Value	Description
1586	Range	0 - 64 (median=40 mean=35.5 std=17.4)
14201		Missing

RPAA19		Have you had 2 or more such episodes? Q19
N	Value	Description
458	N	No
1199	Y	Yes
14130		Missing

RPAA20		Have you ever required medicine or treatment for these attacks? Q20
N	Value	Description
433	N	No
1055	Y	Yes
14299		Missing

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RPAA21		Are you disabled from walking by any condition other than heart or lung disease? Q21
N	Value	Description
14897	N	No
866	Y	Yes [skip to Q.27]
24		Missing

RPAA22		Are you troubled by shortness of breath when hurrying on the level or walking up a slight hill? Q22
N	Value	Description
10447	N	No [skip to Q.27]
4449	Y	Yes
891		Missing

RPAA23		Do you have to walk slower than people of your age on the level because of breathlessness? Q23
N	Value	Description
3457	N	No
991	Y	Yes
11339		Missing

RPAA24		Ever have to stop for breath when walking at our own pace on the level? Q24
N	Value	Description
3858	N	No
594	Y	Yes
11335		Missing

If either question 13 or 14 are answered "Yes", answer questions 15 and 16. If not, go to item 17

RPAA25		Ever stop for breath after walking about 100 yards (or after a few minutes) on the level? Q25
N	Value	Description
3896	N	No
560	Y	Yes
11331		Missing

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RPAA26		Too breathless to leave the house or breathless on dressing or undressing? Q26
N	Value	Description
4259	N	No
198	Y	Yes
11330		Missing

E. BRONCHITIS

RPAA27		Ever had chronic bronchitis? Q27
N	Value	Description
14320	N	No [skip to Q.31]
1438	Y	Yes
29		Missing

RPAA28		Still have chronic bronchitis? Q28
N	Value	Description
822	N	No
603	Y	Yes
14362		Missing

RPAA29		Was chronic bronchitis confirmed by a doctor? Q29
N	Value	Description
92	N	No
1350	Y	Yes
14345		Missing

RPAA30		Age chronic bronchitis started Q30
N	Value	Description
1393	Range	0 - 64 (median=35 mean=31.4 std=17.7)
14394		Missing

Cohort, Exam 1**F. EMPHYSEMA**

RPAA31		Ever had emphysema? Q31
N	Value	Description
15476	N	No [skip to Q.35]
284	Y	Yes
27		Missing

RPAA32		Still have emphysema? Q32
N	Value	Description
53	N	No
220	Y	Yes
15514		Missing

RPAA33		Was emphysema confirmed by a doctor? Q33
N	Value	Description
20	N	No
270	Y	Yes
15497		Missing

RPAA34		Age emphysema started Q34
N	Value	Description
281	Range	0 - 62 (median=50 mean=45.3 std=14.7)
15506		Missing

G. ASTHMA

RPAA35		Ever had asthma? Q35
N	Value	Description
14744	N	No [skip to H. WORK ACTIVITY]
1020	Y	Yes
23		Missing

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RPAA36		Was asthma confirmed by a doctor? Q36
N	Value	Description
88	N	No
926	Y	Yes
14773		Missing

RPAA37		Age asthma started Q37
N	Value	Description
978	Range	0 - 64 (median=20 mean=24.2 std=18.5)
14809		Missing

RPAA38		Still have asthma? Q38
N	Value	Description
461	N	No
544	Y	Yes [<i>skip to H. WORK ACTIVITY</i>]
14782		Missing

RPAA39		Age asthma stopped Q39
N	Value	Description
425	Range	0 - 64 (median=22 mean=26.5 std=15.8)
15362		Missing

H. WORK ACTIVITY

RPAA40		At work do you sit: Q40
N	Value	Description
1358	A	Always
3681	D	Does not work [<i>skip to Q.49</i>]
2370	L	Seldom
3568	M	Sometimes
1506	N	Never
3279	O	Often
25		Missing

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RPAA41		At work do you stand: Q41
N	Value	Description
2149	A	Always
1330	L	Seldom
4139	M	Sometimes
376	N	Never
4086	O	Often
3707		Missing

RPAA42		At work do you walk: Q42
N	Value	Description
1902	A	Always
981	L	Seldom
4139	M	Sometimes
217	N	Never
4841	O	Often
3707		Missing

RPAA43		At work do you lift heavy loads: Q43
N	Value	Description
3255	L	Seldom
2978	M	Sometimes
4552	N	Never
891	O	Often
401	V	Very Often
3710		Missing

RPAA44		After working are you physically tired: Q44
N	Value	Description
2740	L	Seldom
5113	M	Sometimes
1746	N	Never
1767	O	Often
716	V	Very Often
3705		Missing

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RPAA45		At work do you sweat: Q45
N	Value	Description
3117	L	Seldom
3135	M	Sometimes
4071	N	Never
1213	O	Often
545	V	Very Often
3706		Missing

RPAA46		In comparison with others of your own age do you think your work is physically: Q46
N	Value	Description
1378	A	Much Lighter
5001	B	Lighter
4093	C	As heavy
1340	D	Heavier
268	E	Much heavier
3707		Missing

I. SPORTS

RPAA47		Exercise or play sports? Q47
N	Value	Description
5904	N	No [skip to Q.65]
9862	Y	Yes
21		Missing

RPAA48		Most frequent sport or exercise code 1 Q48
N	Value	Description
9866	Present	Text suppressed
5921		Missing

RPAA48A		Specify sport or exercise activity Q48a
N	Value	Description
88	Present	Text suppressed
15699		Missing

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<i>RPAA49</i>		<i>Hours per week do Q48 activity Q49</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
725	A	Less than 1
1731	B	At least 1 but not quite 2
2270	C	At least 2 but not quite 3
1816	D	At least 3 but not quite 4
3324	E	4 or more
5921		Missing

<i>RPAA50</i>		<i>Months per year do Q48 activity Q50</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
85	A	Less than 1
835	B	At least 1 but not quite 4
2382	C	At least 4 but not quite 7
2369	D	At least 7 but not quite 10
4194	E	10 or more
5922		Missing

<i>RPAA51</i>		<i>Any other exercises or play other sports? Q51</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3535	N	No [skip to Q.64]
6326	Y	Yes
5926		Missing

<i>RPAA52</i>		<i>Second most frequent sport or exercise code 2 Q52</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
6369	Present	Text suppressed
9418		Missing

<i>RPAA52A</i>		<i>Specify sport or exercise activity Q52a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
67	Present	Text suppressed
15720		Missing

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<i>RPAA53</i>		<i>Hours per week do Q52 activity Q53</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
866	A	Less than 1
1477	B	At least 1 but not quite 2
1479	C	At least 2 but not quite 3
981	D	At least 3 but not quite 4
1563	E	4 or more
9421		Missing

<i>RPAA54</i>		<i>Months per year do Q52 activity Q54</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
120	A	Less than 1
1134	B	At least 1 but not quite 4
2009	C	At least 4 but not quite 7
1272	D	At least 7 but not quite 10
1829	E	10 or more
9423		Missing

<i>RPAA55</i>		<i>Any other sports or exercises? Q55</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3083	N	No [skip to Q.64]
3273	Y	Yes
9431		Missing

<i>RPAA56</i>		<i>Third most frequent sport or exercise code 3 Q56</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3303	Present	Text suppressed
12484		Missing

<i>RPAA56A</i>		<i>Specific sport or exercise activity Q56a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
41	Present	Text suppressed
15746		Missing

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<i>RPAA57</i>		<i>Hours per week do Q56 activity Q57</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
534	A	Less than 1
853	B	At least 1 but not quite 2
738	C	At least 2 but not quite 3
435	D	At least 3 but not quite 4
743	E	4 or more
12484		Missing

<i>RPAA58</i>		<i>Months per year do Q56 activity Q58</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
101	A	Less than 1
724	B	At least 1 but not quite 4
1065	C	At least 4 but not quite 7
604	D	At least 7 but not quite 10
809	E	10 or more
12484		Missing

<i>RPAA59</i>		<i>Any other sports or exercises? Q59</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1815	N	No [<i>skip to Q.64</i>]
1481	Y	Yes
12491		Missing

<i>RPAA60</i>		<i>Fourth most frequent sport or exercise code 4 Q60</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1498	Present	Text suppressed
14289		Missing

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<i>RPAA60A</i>		<i>Specify sport or exercise activity</i> Q60a
<i>N</i>	<i>Value</i>	<i>Description</i>
1	BACK EXERCISES	
1	BENDING STRETCHING	
1	BRISK WALKING	
1	EXERCISE ROUTINE	
1	EXERCISES	
1	EXERCISES AT HOME	
1	EXERCISES IN HOME	
1	GARDENING	
1	ISOMETRICS	
1	KICKBALL	
1	KNEE BENDS	
1	MACHINES FOR LEG BACK	
1	NAUTALIS MACH. HEA. CLUB	
1	OFFICIATING GAMES	
1	OWNWINDO/CLEAN/LAUN/COOK	
1	PLAYING YARD GAMES	
1	PULL UPS	
2	VARIETY	
1	VARIOUS ACTIVITIES	
1	VOLUNTEER ESCORT	
15766		Missing

<i>RPAA61</i>		<i>Hours per week for Q60 activity</i> Q61
<i>N</i>	<i>Value</i>	<i>Description</i>
283	A	Less than 1
350	B	At least 1 but not quite 2
329	C	At least 2 but not quite 3
181	D	At least 3 but not quite 4
355	E	4 or more
14289		Missing

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RPAA62		Months per year for Q60 activity Q62
N	Value	Description
68	A	Less than 1
393	B	At least 1 but not quite 4
464	C	At least 4 but not quite 7
220	D	At least 7 but not quite 10
353	E	10 or more
14289		Missing

RPAA63		Do you do other exercises or play other sports? Q63
N	Value	Description
901	N	No
603	Y	Yes
14283		Missing

J. LEISURE TIME

RPAA64		During leisure time would you say you play sports or exercise: Q64
N	Value	Description
2363	L	Seldom
4110	M	Sometimes
789	N	Never
2020	O	Often
596	V	Very Often
5909		Missing

RPAA65		In comparison with others of your own age do you think your physical activity during leisure time is: Q65
N	Value	Description
1130	A	Much Less
3372	B	Less
6746	C	The same
3506	D	More
1008	E	Much more
25		Missing

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RPAA66		<i>During leisure time do you sweat: Q66</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
4282	L	Seldom
5487	M	Sometimes
3443	N	Never
1878	O	Often
671	V	Very Often
26		Missing

RPAA67		<i>During leisure time do you watch television: Q67</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2613	L	Seldom
7364	M	Sometimes
302	N	Never
4187	O	Often
1294	V	Very Often
27		Missing

RPAA68		<i>During leisure time do you walk: Q68</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3263	L	Seldom
7612	M	Sometimes
1401	N	Never
2870	O	Often
618	V	Very Often
23		Missing

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RPAA69		<i>During leisure time do you bicycle: Q69</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	B	
2173	L	Seldom
2449	M	Sometimes
10571	N	Never
495	O	Often
74	V	Very Often
1	Y	
23		Missing

K. OTHER ACTIVITIES

RPAA70		<i>How many minutes do you walk and/or bicycle per day and from work to shopping? Q70</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
5754	A	Less than 5
4346	B	At least 5 but not quite 15
3205	C	At least 15 but not quite 30
1502	D	At least 30 but not quite 45
957	E	45 or more
23		Missing

RPAA71		<i>Have you done any heavy physical activity within the last 12 hours? Q71</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15501	N	No [<i>skip to Q.72</i>]
265	Y	Yes
21		Missing

RPAA71MN		<i>Time In Minutes Since Heavy Physical Activity</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
277	Range	0 - 1320 (median=270 mean=359.4 std=221.4)
15510		Missing

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<i>RPA72</i>		<i>Number flights of stairs climbed each day Q72</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15700	Present	Text suppressed
87		Missing

L. ADMINISTRATIVE INFORMATION

<i>RPA73</i>		<i>Date of data collection Q73</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15766	Range	10/05/1986 - 03/29/1990
21		Missing

<i>RPA74</i>		<i>Method of data collection Q74</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15502	C	Computer
263	P	Paper form
22		Missing

<i>RPA75</i>		<i>Form Coder Q75</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15766	Present	Text suppressed
21		Missing

<i>RPA76</i>		<i>Contact Year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15787	1	

<i>RPA77</i>		<i>RPA77</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15787	1	