



ANTHROPOMETRY FORM



ID NUMBER:

FORM CODE:

DATE: 10/9/2020
Version 2.0

ADMINISTRATIVE INFORMATION

0a. Completion Date: / /
Month Day Year

0b. Staff ID:

Instructions: In order to measure bioimpedance, the participant must be barefoot. Set the Tanita analyzer to report metric units (cm/kg).

A. DETERMINATION OF ABILITY TO STAND

1. Assessment of ability to stand (choose one):
- Can stand erectly on both feet. A → **GO TO ITEM 3**
- Can stand on both feet, but posture not erect. B → **GO TO ITEM 3**
- Cannot stand on both feet. C

B. SELF REPORT

2. a) Self-reported weight (to the nearest lb or kg):
- b) Units (check one): lb kg → **GO TO END**

C. MEASURED HEIGHT, WEIGHT, and BIOIMPEDANCE

3. Standing height (round to nearest cm): cm
4. Weight: . kg
5. Fat (%): . %
6. Impedance: Ohms
7. Fat mass: . kg
8. Lean body mass (FFM): . kg
9. Total body water (TBW): . kg

D. BODY SIZE

10. Girth (round to nearest cm)
- a) Waist: cm
- b) Hip: cm

11. Selected for Anthropometry QC _____