

Cohort, Exam 3

Dietary Intake Form: FORM CODE=DTI VERSION=C

Instructions: This form is completed during the interview portion of the participant's visit. Whenever numerical responses are required, enter the number so that the last digit appears in the rightmost box. Enter leading zeros where necessary to fill all boxes.

A. DAIRY FOODS**"In The Past Year, How Often On Average Did You Consume..."**

<i>DTIC1</i>		<i>Skim Or Low Fat Milk; 8 oz. Glass Q1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
39	A	> 6 Per Day
151	B	4-6 Per Day
1374	C	2-3 Per Day
3838	D	1 Per Day
557	E	5-6 Per Week
1529	F	2-4 Per Week
838	G	1 Per Week
637	H	1-3 Per Month
3837	I	Almost Never
85		Missing

<i>DTIC2</i>		<i>Whole Milk; 8 oz. Glass Q2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
8	A	> 6 Per Day
22	B	4-6 Per Day
171	C	2-3 Per Day
696	D	1 Per Day
120	E	5-6 Per Week
586	F	2-4 Per Week
547	G	1 Per Week
568	H	1-3 Per Month
10095	I	Almost Never
72		Missing

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<i>DTIC3</i>		<i>Yogurt; 1 c.</i>	<i>Q3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
6	A	> 6 Per Day	
7	B	4-6 Per Day	
52	C	2-3 Per Day	
449	D	1 Per Day	
177	E	5-6 Per Week	
949	F	2-4 Per Week	
1027	G	1 Per Week	
1675	H	1-3 Per Month	
8473	I	Almost Never	
70		Missing	

<i>DTIC4</i>		<i>Ice Cream; 1/2 c.</i>	<i>Q4</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
7	A	> 6 Per Day	
20	B	4-6 Per Day	
119	C	2-3 Per Day	
625	D	1 Per Day	
381	E	5-6 Per Week	
2008	F	2-4 Per Week	
2319	G	1 Per Week	
3411	H	1-3 Per Month	
3923	I	Almost Never	
72		Missing	

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<i>DTIC5</i>		<i>Cottage cheese or ricotta cheese; 1/2 c. Q5</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	B	4-6 Per Day
31	C	2-3 Per Day
173	D	1 Per Day
97	E	5-6 Per Week
773	F	2-4 Per Week
1390	G	1 Per Week
2797	H	1-3 Per Month
7549	I	Almost Never
73		Missing

<i>DTIC6</i>		<i>Other cheeses, plain or as part of a dish; 1 slice or serving Q6</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
4	A	> 6 Per Day
23	B	4-6 Per Day
140	C	2-3 Per Day
938	D	1 Per Day
725	E	5-6 Per Week
3339	F	2-4 Per Week
3173	G	1 Per Week
2876	H	1-3 Per Month
1594	I	Almost Never
73		Missing

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<i>DTIC7</i>		<i>Margarine or a margarine/butter blend; pats added to food or bread Q7</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
60	A	> 6 Per Day
248	B	4-6 Per Day
2257	C	2-3 Per Day
3832	D	1 Per Day
1193	E	5-6 Per Week
1924	F	2-4 Per Week
968	G	1 Per Week
679	H	1-3 Per Month
1651	I	Almost Never
73		Missing

<i>DTIC8</i>		<i>Butter; pats added to food or bread Q8</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
7685	I	
18	A	> 6 Per Day
55	B	4-6 Per Day
549	C	2-3 Per Day
1352	D	1 Per Day
409	E	5-6 Per Week
889	F	2-4 Per Week
936	G	1 Per Week
917	H	1-3 Per Month
75		Missing

Cohort, Exam 3**B. FRUITS**

<i>DTIC9</i>		<i>Fresh apples or pears; 1 Q9</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
19	A	> 6 Per Day
74	B	4-6 Per Day
438	C	2-3 Per Day
2220	D	1 Per Day
807	E	5-6 Per Week
2919	F	2-4 Per Week
2284	G	1 Per Week
2228	H	1-3 Per Month
1825	I	Almost Never
71		Missing

<i>DTIC10</i>		<i>Oranges; 1 Q10</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
8	A	> 6 Per Day
20	B	4-6 Per Day
161	C	2-3 Per Day
1225	D	1 Per Day
454	E	5-6 Per Week
2167	F	2-4 Per Week
2557	G	1 Per Week
2896	H	1-3 Per Month
3326	I	Almost Never
71		Missing

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<i>DTIC11</i>		<i>Orange or grapefruit juice; small glass Q11</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
22	A	> 6 Per Day
75	B	4-6 Per Day
410	C	2-3 Per Day
3491	D	1 Per Day
964	E	5-6 Per Week
2208	F	2-4 Per Week
1555	G	1 Per Week
1639	H	1-3 Per Month
2449	I	Almost Never
72		Missing

<i>DTIC12</i>		<i>Peaches, apricots or plums; 1 fresh or 1/2 c. canned or dried Q12</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
6	A	> 6 Per Day
16	B	4-6 Per Day
90	C	2-3 Per Day
492	D	1 Per Day
236	E	5-6 Per Week
1513	F	2-4 Per Week
2277	G	1 Per Week
3562	H	1-3 Per Month
4620	I	Almost Never
73		Missing

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<i>DTIC13</i>		<i>Bananas; 1</i>	<i>Q13</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
8	A	> 6 Per Day	
48	B	4-6 Per Day	
234	C	2-3 Per Day	
2988	D	1 Per Day	
1019	E	5-6 Per Week	
3462	F	2-4 Per Week	
2127	G	1 Per Week	
1698	H	1-3 Per Month	
1228	I	Almost Never	
73		Missing	

<i>DTIC14</i>		<i>Other fruits; 1 fresh or 1/2 c. canned, including fruit cocktail</i>	<i>Q14</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
4	A	> 6 Per Day	
23	B	4-6 Per Day	
265	C	2-3 Per Day	
1179	D	1 Per Day	
659	E	5-6 Per Week	
2516	F	2-4 Per Week	
2812	G	1 Per Week	
2642	H	1-3 Per Month	
2712	I	Almost Never	
73		Missing	

Cohort, Exam 3**C. VEGETABLES [RS 1] - Portion is 1/2 c.**

<i>DTIC15</i>		<i>String beans or green beans; 1/2 c. Q15</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
6	A	> 6 Per Day
15	B	4-6 Per Day
129	C	2-3 Per Day
611	D	1 Per Day
607	E	5-6 Per Week
3955	F	2-4 Per Week
4194	G	1 Per Week
2497	H	1-3 Per Month
796	I	Almost Never
75		Missing

<i>DTIC16</i>		<i>Broccoli; 1/2 c. Q16</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
9	B	4-6 Per Day
57	C	2-3 Per Day
325	D	1 Per Day
453	E	5-6 Per Week
2805	F	2-4 Per Week
3784	G	1 Per Week
2796	H	1-3 Per Month
2580	I	Almost Never
74		Missing

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<i>DTIC17</i>		<i>Cabbage, cauliflower, brussels sprouts; 1/2 c. Q17</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3	A	> 6 Per Day
6	B	4-6 Per Day
41	C	2-3 Per Day
223	D	1 Per Day
268	E	5-6 Per Week
1940	F	2-4 Per Week
3783	G	1 Per Week
4039	H	1-3 Per Month
2508	I	Almost Never
74		Missing

<i>DTIC18</i>		<i>Carrots; 1 whole or 1/2 c. cooked Q18</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
4	A	> 6 Per Day
6	B	4-6 Per Day
74	C	2-3 Per Day
423	D	1 Per Day
509	E	5-6 Per Week
2364	F	2-4 Per Week
3564	G	1 Per Week
3328	H	1-3 Per Month
2537	I	Almost Never
76		Missing

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<i>DTIC19</i>		<i>Corn; 1 ear or 1/2 c.</i>	<i>Q19</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
2	A	> 6 Per Day	
5	B	4-6 Per Day	
31	C	2-3 Per Day	
160	D	1 Per Day	
200	E	5-6 Per Week	
2207	F	2-4 Per Week	
4285	G	1 Per Week	
4167	H	1-3 Per Month	
1750	I	Almost Never	
78		Missing	

<i>DTIC20</i>		<i>Spinach, collards or other greens, but do not include lettuce; 1/2 c.</i>	<i>Q20</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
6	A	> 6 Per Day	
12	B	4-6 Per Day	
49	C	2-3 Per Day	
257	D	1 Per Day	
264	E	5-6 Per Week	
1826	F	2-4 Per Week	
2793	G	1 Per Week	
3356	H	1-3 Per Month	
4244	I	Almost Never	
78		Missing	

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<i>DTIC21</i>		<i>Peas or lima beans; 1/2 c.fresh, frozen or canned</i> Q21
<i>N</i>	<i>Value</i>	<i>Description</i>
4	A	> 6 Per Day
6	B	4-6 Per Day
37	C	2-3 Per Day
161	D	1 Per Day
219	E	5-6 Per Week
2554	F	2-4 Per Week
4226	G	1 Per Week
3833	H	1-3 Per Month
1767	I	Almost Never
78		Missing

<i>DTIC22</i>		<i>Dark yellow, winter squash such as acorn, butternut; 1/2 c.</i> Q22
<i>N</i>	<i>Value</i>	<i>Description</i>
3	B	4-6 Per Day
11	C	2-3 Per Day
51	D	1 Per Day
36	E	5-6 Per Week
434	F	2-4 Per Week
1310	G	1 Per Week
3320	H	1-3 Per Month
7643	I	Almost Never
77		Missing

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<i>DTIC23</i>		<i>Sweet potatoes; 1/2 c. Q23</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6 Per Day
7	B	4-6 Per Day
15	C	2-3 Per Day
92	D	1 Per Day
65	E	5-6 Per Week
616	F	2-4 Per Week
1553	G	1 Per Week
3850	H	1-3 Per Month
6609	I	Almost Never
77		Missing

<i>DTIC24</i>		<i>Beans or lentils, dried cooked, or canned, such as pinto, blackeye, baked beans; 1/2 c. Q24</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
4	A	> 6 Per Day
4	B	4-6 Per Day
30	C	2-3 Per Day
152	D	1 Per Day
248	E	5-6 Per Week
1706	F	2-4 Per Week
3042	G	1 Per Week
4518	H	1-3 Per Month
3104	I	Almost Never
77		Missing

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<i>DTIC25</i>		<i>Tomatoes; 1, or tomato juice; 4 oz. Q25</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
6	A	> 6 Per Day
13	B	4-6 Per Day
87	C	2-3 Per Day
780	D	1 Per Day
759	E	5-6 Per Week
3294	F	2-4 Per Week
3269	G	1 Per Week
2715	H	1-3 Per Month
1883	I	Almost Never
79		Missing

D. MEATS [RC 1]

<i>DTIC26</i>		<i>Chicken or turkey, without skin Q26</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
9	A	> 6 Per Day
9	B	4-6 Per Day
98	C	2-3 Per Day
544	D	1 Per Day
816	E	5-6 Per Week
4720	F	2-4 Per Week
2992	G	1 Per Week
1427	H	1-3 Per Month
2190	I	Almost Never
80		Missing

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<i>DTIC27</i>		<i>Chicken or turkey with skin Q27</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
5	B	4-6 Per Day
23	C	2-3 Per Day
125	D	1 Per Day
129	E	5-6 Per Week
1533	F	2-4 Per Week
2226	G	1 Per Week
1912	H	1-3 Per Month
6850	I	Almost Never
80		Missing

<i>DTIC28</i>		<i>Hamburgers; 1 Q28</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
8	B	4-6 Per Day
24	C	2-3 Per Day
133	D	1 Per Day
199	E	5-6 Per Week
2169	F	2-4 Per Week
4448	G	1 Per Week
3380	H	1-3 Per Month
2446	I	Almost Never
78		Missing

<i>DTIC29</i>		<i>Hot dogs; 1 Q29</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	B	4-6 Per Day
11	C	2-3 Per Day
72	D	1 Per Day
53	E	5-6 Per Week
667	F	2-4 Per Week
2313	G	1 Per Week
3778	H	1-3 Per Month
5912	I	Almost Never
78		Missing

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<i>DTIC30</i>		<i>Processed meats; sausage, salami, bologna, etc.; piece or slice</i> <i>Q30</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
7	B	4-6 Per Day
46	C	2-3 Per Day
454	D	1 Per Day
324	E	5-6 Per Week
1889	F	2-4 Per Week
2315	G	1 Per Week
3153	H	1-3 Per Month
4617	I	Almost Never
78		Missing

<i>DTIC31</i>		<i>Bacon; 2 slices</i> <i>Q31</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6 Per Day
6	B	4-6 Per Day
32	C	2-3 Per Day
395	D	1 Per Day
187	E	5-6 Per Week
1474	F	2-4 Per Week
2335	G	1 Per Week
3219	H	1-3 Per Month
5156	I	Almost Never
80		Missing

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<i>DTIC32</i>		<i>Beef, pork, or lamb as a sandwich or mixed dish, stew, casserole, lasagne, or in spaghetti sauce, etc. Q32</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
9	B	4-6 Per Day
37	C	2-3 Per Day
230	D	1 Per Day
400	E	5-6 Per Week
3242	F	2-4 Per Week
3788	G	1 Per Week
3422	H	1-3 Per Month
1679	I	Almost Never
78		Missing

<i>DTIC33</i>		<i>Beef, pork, or lamb as a main dish, steak, roast, ham, etc. Q33</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
6	B	4-6 Per Day
27	C	2-3 Per Day
234	D	1 Per Day
304	E	5-6 Per Week
3307	F	2-4 Per Week
4081	G	1 Per Week
3030	H	1-3 Per Month
1813	I	Almost Never
81		Missing

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<i>DTIC34</i>		<i>Canned tuna fish; 3-4 oz. Q34</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6 Per Day
5	B	4-6 Per Day
11	C	2-3 Per Day
104	D	1 Per Day
116	E	5-6 Per Week
1052	F	2-4 Per Week
2586	G	1 Per Week
4381	H	1-3 Per Month
4548	I	Almost Never
81		Missing

<i>DTIC35</i>		<i>Dark meat fish, such as salmon, mackerel, swordfish, sardines, bluefish; 3-5 oz. Q35</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3	A	> 6 Per Day
2	B	4-6 Per Day
5	C	2-3 Per Day
39	D	1 Per Day
31	E	5-6 Per Week
393	F	2-4 Per Week
1429	G	1 Per Week
3448	H	1-3 Per Month
7455	I	Almost Never
80		Missing

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<i>DTIC36</i>		<i>Other fish such as cod, perch, catfish, etc.; 3-5 oz</i>	<i>Q36</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
3	A	> 6 Per Day	
1	B	4-6 Per Day	
13	C	2-3 Per Day	
59	D	1 Per Day	
62	E	5-6 Per Week	
809	F	2-4 Per Week	
2696	G	1 Per Week	
4143	H	1-3 Per Month	
5018	I	Almost Never	
81		Missing	

<i>DTIC37</i>		<i>Shrimp, lobster, scallops as a main dish</i>	<i>Q37</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
1	A	> 6 Per Day	
2	B	4-6 Per Day	
4	C	2-3 Per Day	
13	D	1 Per Day	
13	E	5-6 Per Week	
145	F	2-4 Per Week	
833	G	1 Per Week	
3472	H	1-3 Per Month	
8321	I	Almost Never	
81		Missing	

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<i>DTIC38</i>		<i>Eggs; 1 Q38</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
14	B	4-6 Per Day
138	C	2-3 Per Day
611	D	1 Per Day
355	E	5-6 Per Week
2815	F	2-4 Per Week
3272	G	1 Per Week
2606	H	1-3 Per Month
2989	I	Almost Never
83		Missing

E. SWEETS, BAKED GOODS, CEREALS [RC 1]

<i>DTIC39</i>		<i>Chocolate bars or pieces, such as Hershey's, Plain M&Ms, Snickers, Reeses; 1oz. Q39</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
13	A	> 6 Per Day
21	B	4-6 Per Day
130	C	2-3 Per Day
694	D	1 Per Day
475	E	5-6 Per Week
1982	F	2-4 Per Week
2325	G	1 Per Week
3110	H	1-3 Per Month
4055	I	Almost Never
80		Missing

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<i>DTIC40</i>		<i>Candy without chocolate; 1 oz Q40</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
13	A	> 6 Per Day
19	B	4-6 Per Day
97	C	2-3 Per Day
553	D	1 Per Day
319	E	5-6 Per Week
1280	F	2-4 Per Week
2345	G	1 Per Week
2953	H	1-3 Per Month
5221	I	Almost Never
85		Missing

<i>DTIC41</i>		<i>Pie, homemade from scratch; 1 slice Q41</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
2	B	4-6 Per Day
12	C	2-3 Per Day
81	D	1 Per Day
27	E	5-6 Per Week
452	F	2-4 Per Week
1436	G	1 Per Week
3678	H	1-3 Per Month
7112	I	Almost Never
83		Missing

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<i>DTIC42</i>		<i>Pie, ready-made or from a mix; 1 slice</i> <i>Q42</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6 Per Day
2	B	4-6 Per Day
8	C	2-3 Per Day
54	D	1 Per Day
18	E	5-6 Per Week
277	F	2-4 Per Week
1071	G	1 Per Week
3283	H	1-3 Per Month
8088	I	Almost Never
83		Missing

<i>DTIC43</i>		<i>Donut; 1</i> <i>Q43</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
22	C	2-3 Per Day
182	D	1 Per Day
89	E	5-6 Per Week
707	F	2-4 Per Week
1596	G	1 Per Week
3303	H	1-3 Per Month
6903	I	Almost Never
83		Missing

<i>DTIC44</i>		<i>Biscuits or cornbread; 1</i> <i>Q44</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3	A	> 6 Per Day
14	B	4-6 Per Day
122	C	2-3 Per Day
786	D	1 Per Day
375	E	5-6 Per Week
1811	F	2-4 Per Week
2346	G	1 Per Week
3423	H	1-3 Per Month
3920	I	Almost Never
85		Missing

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<i>DTIC45</i>		<i>Danish pastry, sweet roll, coffee cake, croissant; 1</i> <i>Q45</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
2	B	4-6 Per Day
17	C	2-3 Per Day
184	D	1 Per Day
117	E	5-6 Per Week
1016	F	2-4 Per Week
1960	G	1 Per Week
3553	H	1-3 Per Month
5950	I	Almost Never
84		Missing

<i>DTIC46</i>		<i>Cake or brownie; 1 piece</i> <i>Q46</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6 Per Day
3	B	4-6 Per Day
15	C	2-3 Per Day
158	D	1 Per Day
113	E	5-6 Per Week
932	F	2-4 Per Week
2341	G	1 Per Week
4336	H	1-3 Per Month
4902	I	Almost Never
84		Missing

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<i>DTIC47</i>		<i>Cookies; 1 Q47</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
13	A	> 6 Per Day
74	B	4-6 Per Day
307	C	2-3 Per Day
786	D	1 Per Day
795	E	5-6 Per Week
2381	F	2-4 Per Week
2446	G	1 Per Week
3017	H	1-3 Per Month
2983	I	Almost Never
83		Missing

<i>DTIC48</i>		<i>Cold breakfast cereal; 1/2 c. Q48</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
9	A	> 6 Per Day
72	B	4-6 Per Day
358	C	2-3 Per Day
2592	D	1 Per Day
1328	E	5-6 Per Week
2952	F	2-4 Per Week
1460	G	1 Per Week
1412	H	1-3 Per Month
2618	I	Almost Never
84		Missing

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<i>DTIC49</i>		<i>Cooked cereals such as oatmeal, grits, cream of wheat; 1/2 c. Q49</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
5	A	> 6 Per Day
8	B	4-6 Per Day
45	C	2-3 Per Day
713	D	1 Per Day
338	E	5-6 Per Week
2077	F	2-4 Per Week
2105	G	1 Per Week
2451	H	1-3 Per Month
5059	I	Almost Never
84		Missing

<i>DTIC50</i>		<i>White bread; 1 slice Q50</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
41	A	> 6 Per Day
173	B	4-6 Per Day
1372	C	2-3 Per Day
2140	D	1 Per Day
973	E	5-6 Per Week
1889	F	2-4 Per Week
993	G	1 Per Week
878	H	1-3 Per Month
4341	I	Almost Never
85		Missing

Cohort, Exam 3

<i>DTIC51</i>		<i>Dark or whole grain bread; 1 slice Q51</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
25	A	> 6 Per Day
199	B	4-6 Per Day
1644	C	2-3 Per Day
2410	D	1 Per Day
1381	E	5-6 Per Week
2429	F	2-4 Per Week
1264	G	1 Per Week
923	H	1-3 Per Month
2525	I	Almost Never
85		Missing

F. MISCELLANEOUS [RC 1]

<i>DTIC52</i>		<i>Peanut butter; 1 tbsp Q52</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
5	A	> 6 Per Day
20	B	4-6 Per Day
105	C	2-3 Per Day
676	D	1 Per Day
490	E	5-6 Per Week
1900	F	2-4 Per Week
2159	G	1 Per Week
2787	H	1-3 Per Month
4655	I	Almost Never
88		Missing

Cohort, Exam 3

<i>DTIC53</i>		<i>Potato chips or corn chips; small bag or 1 oz. Q53</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
8	B	4-6 Per Day
35	C	2-3 Per Day
317	D	1 Per Day
285	E	5-6 Per Week
1643	F	2-4 Per Week
2482	G	1 Per Week
3378	H	1-3 Per Month
4650	I	Almost Never
87		Missing

<i>DTIC54</i>		<i>French fried potatoes; 1 serving, 4 oz. Q54</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
1	B	4-6 Per Day
12	C	2-3 Per Day
90	D	1 Per Day
103	E	5-6 Per Week
1237	F	2-4 Per Week
2688	G	1 Per Week
3978	H	1-3 Per Month
4688	I	Almost Never
86		Missing

Cohort, Exam 3

<i>DTIC55</i>		<i>Nuts; 1 oz.</i>	<i>Q55</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
2	A	> 6 Per Day	
13	B	4-6 Per Day	
46	C	2-3 Per Day	
268	D	1 Per Day	
205	E	5-6 Per Week	
1069	F	2-4 Per Week	
1890	G	1 Per Week	
3776	H	1-3 Per Month	
5528	I	Almost Never	
88		Missing	

<i>DTIC56</i>		<i>Potatoes, mashed; 1 c. or baked; 1</i>	<i>Q56</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
4	A	> 6 Per Day	
17	B	4-6 Per Day	
60	C	2-3 Per Day	
636	D	1 Per Day	
950	E	5-6 Per Week	
4731	F	2-4 Per Week	
3560	G	1 Per Week	
2125	H	1-3 Per Month	
716	I	Almost Never	
86		Missing	

Cohort, Exam 3

<i>DTIC57</i>		<i>Rice; 1/2 c. Q57</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	> 6 Per Day
8	B	4-6 Per Day
39	C	2-3 Per Day
236	D	1 Per Day
310	E	5-6 Per Week
2867	F	2-4 Per Week
3872	G	1 Per Week
3219	H	1-3 Per Month
2246	I	Almost Never
86		Missing

<i>DTIC58</i>		<i>Spaghetti, noodles or other pasta; 1/2 c. Q58</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6 Per Day
13	B	4-6 Per Day
35	C	2-3 Per Day
114	D	1 Per Day
267	E	5-6 Per Week
2382	F	2-4 Per Week
4375	G	1 Per Week
4025	H	1-3 Per Month
1586	I	Almost Never
87		Missing

Cohort, Exam 3

<i>DTIC59</i>		<i>Home-fried food, such as any meats, poultry, fish, shrimp, eggs, vegetables, etc.; 1 serving Q59</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
6	A	> 6 Per Day
6	B	4-6 Per Day
89	C	2-3 Per Day
520	D	1 Per Day
405	E	5-6 Per Week
2620	F	2-4 Per Week
2683	G	1 Per Week
2659	H	1-3 Per Month
3808	I	Almost Never
89		Missing

<i>DTIC60</i>		<i>Food fried away from home, such as any fish, chicken, chicken nuggets, etc. Q60</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6 Per Day
4	B	4-6 Per Day
17	C	2-3 Per Day
129	D	1 Per Day
109	E	5-6 Per Week
1209	F	2-4 Per Week
2380	G	1 Per Week
3781	H	1-3 Per Month
5165	I	Almost Never
90		Missing

Cohort, Exam 3

<i>DTIC61</i>		<i>Coffee, not decaffeinated; 1 c.</i>	<i>Q61</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
582	A	> 6 Per Day	
1191	B	4-6 Per Day	
2989	C	2-3 Per Day	
2732	D	1 Per Day	
396	E	5-6 Per Week	
613	F	2-4 Per Week	
412	G	1 Per Week	
531	H	1-3 Per Month	
3353	I	Almost Never	
86		Missing	

<i>DTIC62</i>		<i>Tea, iced or hot, not including decaf or herbal tea; 1 cup</i>	<i>Q62</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
56	A	> 6 Per Day	
194	B	4-6 Per Day	
985	C	2-3 Per Day	
1719	D	1 Per Day	
545	E	5-6 Per Week	
1552	F	2-4 Per Week	
1316	G	1 Per Week	
1564	H	1-3 Per Month	
4867	I	Almost Never	
87		Missing	

Cohort, Exam 3

<i>DTIC63</i>		<i>Low calorie soft drinks, such as any diet Coke, diet Pepsi, diet 7-Up; 1 glass Q63</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
61	A	> 6 Per Day
176	B	4-6 Per Day
970	C	2-3 Per Day
1725	D	1 Per Day
591	E	5-6 Per Week
1680	F	2-4 Per Week
1009	G	1 Per Week
1141	H	1-3 Per Month
5446	I	Almost Never
86		Missing

<i>DTIC64</i>		<i>Regular soft drinks, such as Coke, Pepsi, 7-Up, ginger ale; 1 glass Q64</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
28	A	> 6 Per Day
85	B	4-6 Per Day
513	C	2-3 Per Day
1244	D	1 Per Day
480	E	5-6 Per Week
1695	F	2-4 Per Week
1283	G	1 Per Week
1657	H	1-3 Per Month
5815	I	Almost Never
85		Missing

Cohort, Exam 3

<i>DTIC65</i>		<i>Fruit-flavored punch or non-carbonated beverages, such as lemonade, Kool-Aid or Hawaiian Punch; not diet; 1 glass</i> <i>Q65</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
4	A	> 6 Per Day
31	B	4-6 Per Day
182	C	2-3 Per Day
626	D	1 Per Day
255	E	5-6 Per Week
1099	F	2-4 Per Week
1218	G	1 Per Week
2144	H	1-3 Per Month
7240	I	Almost Never
86		Missing

H. OTHER DIETARY ITEMS

<i>DTIC66</i>		<i>How often do you eat liver; 3-4 oz. serving?</i>	<i>Q66</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
286	A	1/week	
753	B	2-3/month	
5504	C	1/month or less	
6255	D	Never	
87		Missing	

<i>DTIC67</i>		<i>Are there any other foods that you usually eat at least twice per week such as tortillas, prunes, or avocado? Do not include dry spices nor something that has been listed previously.</i>	<i>Q67</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
11118	N	No	
1661	Y	Yes	
106		Missing	

<i>DTIC68</i>		<i>Food #1 eaten at least twice per week</i>	<i>Q68</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
991	Present	Text suppressed	
11894		Missing	

Cohort, Exam 3

<i>DTIC68A</i>		<i>Food #1 name and usual portion size</i>	<i>Q68a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
1659	Present	Text suppressed	
11226		Missing	

<i>DTIC69</i>		<i>Frequency for Food #1</i>	<i>Q69</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
10	A	> 6/day	
29	B	4-6/day	
137	C	2-3/day	
414	D	1/day	
232	E	5-6/wk	
822	F	2-4/wk	
11241		Missing	

<i>DTIC70</i>		<i>Food #2 eaten at least twice per week</i>	<i>Q70</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
309	Present	Text suppressed	
12576		Missing	

<i>DTIC70A</i>		<i>Food #2 name and usual portion size</i>	<i>Q70a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
467	Present	Text suppressed	
12418		Missing	

<i>DTIC71</i>		<i>Frequency for Food #2</i>	<i>Q71</i>
<i>N</i>	<i>Value</i>	<i>Description</i>	
1	0		
2	A	> 6/day	
8	B	4-6/day	
27	C	2-3/day	
107	D	1/day	
63	E	5-6/wk	
258	F	2-4/wk	
12419		Missing	

Cohort, Exam 3

<i>DTIC72</i>		<i>Food #3 eaten at least twice per week Q72</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
110	Present	Text suppressed
12775		Missing

<i>DTIC72A</i>		<i>Food #3 name and usual portion size Q72a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
166	Present	Text suppressed
12719		Missing

<i>DTIC73</i>		<i>Frequency for Food #3 Q73</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1	A	> 6/day
7	B	4-6/day
16	C	2-3/day
26	D	1/day
21	E	5-6/wk
97	F	2-4/wk
12717		Missing

<i>DTIC74</i>		<i>What do you do with the visible fat on your meat? Q74</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
519	A	Eat most of the fat
1443	B	Eat some of the fat
10619	C	Eat as little as possible
209	D	Don't eat meat
95		Missing

Cohort, Exam 3

<i>DTIC75</i>		<i>What kind of fat do you usually use for frying and sauteing foods at home, excluding "Pam"-type spray? Q75</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
254	A	Real Butter <i>[skip to Q77]</i>
1276	B	Margarine
8575	C	Vegetable Oil
1141	D	Vegetable Shortning
51	E	Lard <i>[skip to Q77]</i>
120	F	Bacon Grease <i>[skip to Q77]</i>
866	G	Not Applicable <i>[skip to Q77]</i>
498	H	Unknown <i>[skip to Q77]</i>
104		Missing

<i>DTIC76</i>		<i>Enter code and specify brand and form below: Q76</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
10042	Present	Text suppressed
2843		Missing

<i>DTIC76A</i>		<i>Brand For Frying Q76a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
10840	Present	Text suppressed
2045		Missing

<i>DTIC77</i>		<i>What kind of fat do you usually use for baking? Q77</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
772	A	Real Butter <i>[skip to Q79]</i>
2995	B	Margarine
2701	C	Vegetable Oil
2741	D	Vegetable Shortning
78	E	Lard <i>[skip to Q79]</i>
43	F	Bacon Grease <i>[skip to Q79]</i>
1915	G	Not Applicable <i>[skip to Q79]</i>
1509	H	Unknown <i>[skip to Q79]</i>
131		Missing

Cohort, Exam 3

<i>DTIC78</i>		<i>Enter code and specify brand and form below: Q78</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
7811	Present	Text suppressed
5074		Missing

<i>DTIC78A</i>		<i>Brand For Baking Q78a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
8370	Present	Text suppressed
4515		Missing

<i>DTIC79A</i>		<i>What brand and form of margarine do you usually use at the table? Q79a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2014	A	None [skip to Q80]
4553	B	Stick
5020	C	Tub
839	D	Diet (low calorie)
305	E	Other
154		Missing

<i>DTIC79B</i>		<i>Code For Margarine Q79b</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
9323	Present	Text suppressed
3562		Missing

<i>DTIC79C</i>		<i>Brand For Margarine Q79c</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
10468	Present	Text suppressed
2417		Missing

<i>DTIC80</i>		<i>What kind of cold breakfast cereal do you most often use? Q80</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12308	Present	Text suppressed
577		Missing

Cohort, Exam 3

<i>DTIC80A</i>		<i>Brand Of Breakfast Cereal</i> <i>Q80a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12162	Present	Text suppressed
723		Missing

<i>DTIC81</i>		<i>Are you currently on a special diet?</i> <i>Q81</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
10805	N	No
1991	Y	Yes
89		Missing

<i>DTIC82</i>		<i>How many years have you been on it?</i> <i>Q82</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1546	0	
297	1	
85	2	
28	3	
10	4	
1	5	
10918		Missing

<i>DTIC83A</i>		<i>Type Of Diet Weight Loss</i> <i>Q83a</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1432	N	No
1	U	Unknown
558	Y	Yes
10894		Missing

<i>DTIC83B</i>		<i>Type Of Diet Low Salt</i> <i>Q83b</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
833	N	No
1	U	Unknown
1157	Y	Yes
10894		Missing

Cohort, Exam 3

<i>DTIC83C</i>		<i>Type Of Diet Low Cholesterol Q83c</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
479	N	No
6	U	Unknown
1506	Y	Yes
10894		Missing

<i>DTIC83D</i>		<i>Type Of Diet Weight Gain Q83d</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1969	N	No
22	Y	Yes
10894		Missing

<i>DTIC83E</i>		<i>Type Of Diet Diabetic Q83e</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1381	N	No
1	U	Unknown
609	Y	Yes
10894		Missing

<i>DTIC83F</i>		<i>Type Of Diet Other Q83f</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1688	N	No
300	Y	Yes
10897		Missing

<i>DTIC84</i>		<i>How many teaspoons of sugar do you add to your food daily? Include sugar added to coffee, tea, cereal, etc. Q84</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12648	0	
101	1	
15	2	
4	3	
117		Missing

Cohort, Exam 3

<i>DTIC85</i>		<i>In cooking vegetables, how often do you add fat such as salt pork, butter, or margarine? Q85</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
183	A	2-3 times per day
1940	B	1 time per day
737	C	5-6 times per week
2499	D	2-4 times per week
1299	E	1 time per week
1691	F	1-3 times per month
3234	G	Never
1197	H	Unknown
105		Missing

<i>DTIC86</i>		<i>How often is salt or salt-containing seasoning such as garlic salt, onion salt, soy sauce, or Accent added to your food in cooking? Q86</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
990	A	2-3 times per day
2813	B	1 time per day
1193	C	5-6 times per week
2191	D	2-4 times per week
1137	E	1 time per week
1629	F	1-3 times per month
1866	G	Never
963	H	Unknown
103		Missing

<i>DTIC87</i>		<i>How many shakes of salt do you add to your food at the table every day? Q87</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12665	0	
93	1	
12	2	
3	3	
1	4	
1	5	
1	6	
109		Missing

Cohort, Exam 3

<i>DTIC88</i>		<i>How often do you add catsup, hot sauce, soy or steak sauces to your food?</i> Q88
<i>N</i>	<i>Value</i>	<i>Description</i>
99	A	2-3 times per day
669	B	1 time per day
404	C	5-6 times per week
2270	D	2-4 times per week
2269	E	1 time per week
3603	F	1-3 times per month
3318	G	Never
161	H	Unknown
92		Missing

<i>DTIC89</i>		<i>How often do you eat special low salt foods such as low salt chips, nuts, cheese, or salad dressing?</i> Q89
<i>N</i>	<i>Value</i>	<i>Description</i>
88	A	2-3 times per day
402	B	1 time per day
389	C	5-6 times per week
1451	D	2-4 times per week
1429	E	1 time per week
3071	F	1-3 times per month
5448	G	Never
516	H	Unknown
91		Missing

I. ADMINISTRATIVE INFORMATION

<i>DTIC90</i>		<i>Interviewer's Opinion Of Info</i> Q90
<i>N</i>	<i>Value</i>	<i>Description</i>
12325	A	Reliable
394	B	Questionable
43	C	Participant uncooperative
62	D	Participant unable to estimate frequencies
61		Missing

Cohort, Exam 3

<i>DTIC91</i>		<i>Date Of Data Collection</i> <i>Q91</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12829	Range	12/24/1992 - 02/05/1996
56		Missing

<i>DTIC92</i>		<i>Method Of Data Collection</i> <i>Q92</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12552	C	Computer
274	P	Paper
59		Missing

<i>DTIC93</i>		<i>Code Number Of Person Coding</i> <i>Q93</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12829	Present	Text suppressed
56		Missing

<i>DTICCY</i>		<i>Contact Year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12885	7	

<i>DTICFLAG</i>		<i>DTICFLAG</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12885	1	

<i>ID</i>		<i>ARIC Participant ID</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
12885	Present	Text suppressed