VERSION: D 11/30/95



ID NUMBER:

FASTING/TRACKING FORM

1 0

FTR

FORM CODE:

CONTACT YEAR:

LAST NAME:	INITIALS:
reviewing the collection of information. Send comments regar of information, including suggestions for reducing this burde	estimated to average 1 minutes per response, including the time gathering and maintaining the data needed, and completing and ding this burden estimate or any other aspect of this collection, to: PHS Reports Clearance Officer, Rm. 737-F, Humphrey ATTN: PRA (0925-0281). Do not return the completed form to this
entered incorrectly, mark through the incorrect incorrect entry. For "multiple choice" question	s visit. ID Number, Contact Year and Name must be entered red, enter the number so that the last digit appears in the essary to fill all boxes. On the paper form, if a number is t entry with an "X". Code the correct entry clearly above the ons, circle the letter corresponding to the most appropriate mark through it with an "X" and circle the correct response.
FASTING/TRACKING FORM	(FTRD screen 1 of 1)
1. Date of clinic visit:	4.b. Time last consumed: h h m m
month day year 2. Date of fasting determination:	C. AM A
month day year	5. Computed fasting time: hours
3.a. Time:	6. Have you given blood within the last 7 days?
h h : m m	7. Method of data collection Computer C
РМ Р	Paper Form P
4. When was the last time you ate or drank anything except water?	8. Code number of person completing this form:
a. Day last consumed: Today	
Yesterday	
Go to Item 6 Before Yesterday B	

INSTRUCTIONS FOR THE FASTING/TRACKING FORM FTR, VERSION D, 01/12/95 PREPARED 05/08/95

The Fasting/Tracking Form is completely filled out at the beginning of the participant's visit. Portions of this form may be updated (in the CHANGE mode of the data entry system) if the participant arrived at the field center having consumed anything other than water or black, unsweetened coffee or tea in the 8 hours prior to the beginning of the Visit 4 exam and agreed to return on another day for blood drawing in the fasting state.

The interviewer needs to be familiar with and understand the document entitled "General Instructions for Completing Paper Forms" prior to administering this form. ID Number, Contact Year, and Name are completed as described in that document.

1. Date of Clinic Visit 3. This is the official date of Visit 4. Enter the date on which the participant signs the Visit 4 Informed Consent Form. If the participant returns at a later date for venipuncture, this date is not changed. The information below on his/her fasting status, however, will be updated. To record the Visit 4 date, code in the numbers using leading zeroes where necessary to fill all spaces. For example, May 3, 1993 would be entered as:

0	5	1	0	3	1	9	3	evaç d Ded	1n		
Mor	nth		D	ay		Υe	ar			i.e. ne	

- 2. <u>Date of Fasting Determination</u>. This is the date on which the participant's fasting is documented. This date may be updated if it were necessary for the participant to return to have fasting blood drawn. Enter the date using the standard date format, as described for Item 1.
- 3. Time. Enter the time of the reception.
- When was the last time you ate or drank anything except water? Ask the question verbatim. Record the appropriate day in item (a), time in item (b), and AM or PM in item (c). Use midnight (12:00 am) as the strict cutoff between days. Note: If "Before Yesterday" is chosen in (a), skip to Item 6.
- 5. Computed Fasting Time. This item is calculated automatically when the Fasting/Tracking Form is entered directly on the computer. (As a way of denoting this on the paper form, lines are provided rather than boxes for recording the result.) To calculate the fasting time when

using the paper version of the form, use the "Fasting Time Computation Table," which can be found on the last page of these instructions, to determine the time. To use the table, look up the Time Last Consumed on the left hand column, and the current time (Time of Visit) along the top. The value in the body of the table corresponding to those two times is the number of hours fasted. Note that the "Time Last Consumed" is separated into "Yesterday" and "Today," and that all times are separated by "AM" and "PM." In addition, times are given in one-hour intervals. The top line in the table may be used whenever the Time Last Consumed is earlier than 7:00 PM. This is acceptable because, although the fasting time may not be accurate, it will not be less than the critical time of 12 hours.

Note: Computing fasting time using the table does not always provide the same result as the computer (due to a reduction in accuracy). However, any effect arising from this fact is believed to be negligible because (1) only a small number of cases would cross over the 12-hour critical time, and (2) even in such cases, ARIC procedures call for the completion of the visit regardless of fasting time.

For example, if the Time Last Consumed is 7:30 PM yesterday (in 7-7:59 PM interval) and the Time of Visit is 8:15 AM (in 8-8:59 AM interval), the fasting time is 13 hours.

- 6. Have you given blood within the last 7 days. Read the question. If the response is YES, determine whether the participant gave or donated a pint of blood/plasma in contrast to had blood samples drawn. Record YES only if "given blood" refers to the donation of a pint (or more) or whole blood or plasma, not a blood sample for diagnostic evaluation. Otherwise, record NO.
- 7. Record "C" if the form was completed on the computerized data entry system, or "P" if the paper form was used. If the form was completed partially on paper and partially on the computer, code as "Paper Form."
- 8. The person at the clinic who has completed this form must enter his/her code number in the boxes provided.

Computed Fasting Time. This ten is calculated automatically when the Fasting/Tracking Form is entered

FASTING TIME COMPUTATION TABLE

					Time of	f Visit			PM			
Time			4A 1	ı								
Last Consumed	<u>7-7:59</u>	8-8:59	9-9:59	10-10:59	11-11:59	12-12:59	1-1:59	2-2:59	3-3:59	4-4:59	5-5:59	6-6:59
Yesterday												
Earlier	13	14	15	16	17	18	19	20	21	22	23	24
7-7:59	12	13	14	15	16	17	18	19	20	21	22	23
8-8:59	11	12	13	14	15	16	17	18	19	20	21	. 22
9-9:59	10	11	12	13	14	15	16	17	18	19	20	21
10-10:59	9	10	11	12	13	14	15	16	17	18	19	20
11-11:59	. 8	9	10	11	12	13	14	15	16	17	18	19
Today												
12-12:59	7	8	9	10	11	12	13	14	15	16	17	18
1-1:59	6	7	8	9	10	11	12	13	14	15	16	17
2-2:59	5	6	7	8	9	10	11	12	13	14	15	16
3-3:59	4	5	6	7	8	9	10	11	12	13	14	15
4-4:59	3	4	5	6	7	8	9	10	11	12	13	14
5-5:59	2	3	4	5	6	7	8	9	10	11	12	13
6-6:59	1	2	3	4	5	6	7	8	9	10	11	12
7-7:59	0	1	2	3	4	5	6	7	8	9	10	11
8-8:59		. 0	1	2 .	3	4	. 5		7	8	9,	10
9-9:59			0	1	2	3	4	5	6	7	8	9
10-10:59				0	1	2	3	4	5	6	7	8
11-11:59					0	1	2	3	4	5	6	7
12-12:59						0	. 1	2	3	4	5	6
1-1:59							0	1	2	3	4	5
2-2:59								0	1	2	3	4
3-3:59									0	1	2	3
4-4:59										0	1	2
5-5:59											٥	1

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