

Section 1: Forms**Physical Activity Form: FORM CODE=PAC VERSION=0100 0200 0300****Instructions:** This form records the participant's physical activity.

<i>Vers</i>		<i>Vers</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
45	0100	
142	0200	
3374	0300	

<i>EventName</i>		<i>EventName</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
142	Screen and Baseline	
3419	V7 / NCS	

<i>Occurrence</i>		<i>Occurrence</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3561	1	

<i>PAC0a</i>		<i>Completion date</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3510	Range	01/04/2018 - 11/15/2019
51		Missing

<i>PAC0b</i>		<i>Staff ID</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3510	Present	Text suppressed
51		Missing

<i>PAC1</i>		<i>PPT exercises or plays sports #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1034	N	No
2089	Y	Yes
386	~	Legitimately skipped
52		Missing

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<i>PAC2</i>		<i>Sport or exercise #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2071	Range	2 - 499 (median=412 mean=338.5 std=151.9)
1421	.S	Legitimately skipped
69		Missing

<i>PAC3</i>		<i>Hours per week of activity #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
188	A	A=Less than 1
364	B	B=At least 1 but not quite 2
463	C	C=At least 2 but not quite 3
373	D	D=At least 3 but not quite 4
700	E	E=4 or more
1421	~	Legitimately skipped
52		Missing

<i>PAC4</i>		<i>Months of activity #1 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
21	A	A=Less than 1
117	B	B=At least 1 but not quite 4
272	C	C=At least 4 but not quite 7
327	D	D=At least 7 but not quite 10
1350	E	E=10 or more
1421	~	Legitimately skipped
53		Missing

<i>PAC5</i>		<i>PPT exercises or plays sports #2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
811	N	No
1278	Y	Yes
1421	~	Legitimately skipped
51		Missing

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<i>PAC6</i>		<i>Sport or exercise #2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1272	Range	2 - 499 (median=399.5 mean=308.30 std=157.29)
2232	.S	Legitimately skipped
57		Missing

<i>PAC7</i>		<i>Hours per week of activity #2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
158	A	A=Less than 1
337	B	B=At least 1 but not quite 2
267	C	C=At least 2 but not quite 3
198	D	D=At least 3 but not quite 4
317	E	E=4 or more
2232	~	Legitimately skipped
52		Missing

<i>PAC8</i>		<i>Months of activity #2 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
17	A	A=Less than 1
100	B	B=At least 1 but not quite 4
260	C	C=At least 4 but not quite 7
215	D	D=At least 7 but not quite 10
685	E	E=10 or more
2232	~	Legitimately skipped
52		Missing

<i>PAC9</i>		<i>PPT exercises or plays sports #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
702	N	No
576	Y	Yes
2232	~	Legitimately skipped
51		Missing

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<i>PAC10</i>		<i>Sport or exercise #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
574	Range	2 - 499 (median=331 mean=289.0 std=159.6)
2934	.S	Legitimately skipped
53		Missing

<i>PAC11</i>		<i>Hours per week of activity #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
90	A	A=Less than 1
171	B	B=At least 1 but not quite 2
124	C	C=At least 2 but not quite 3
91	D	D=At least 3 but not quite 4
100	E	E=4 or more
2934	~	Legitimately skipped
51		Missing

<i>PAC12</i>		<i>Months of activity #3 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
10	A	A=Less than 1
65	B	B=At least 1 but not quite 4
160	C	C=At least 4 but not quite 7
63	D	D=At least 7 but not quite 10
278	E	E=10 or more
2934	~	Legitimately skipped
51		Missing

<i>PAC13</i>		<i>PPT exercises or plays sports #4</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
347	N	No
229	Y	Yes
2934	~	Legitimately skipped
51		Missing

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<i>PAC14</i>		<i>Sport or exercise #4</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
229	Range	2 - 499 (median=301 mean=272.9 std=151.4)
3281	.S	Legitimately skipped
51		Missing

<i>PAC15</i>		<i>Hours per week of activity #4</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
40	A	A=Less than 1
78	B	B=At least 1 but not quite 2
37	C	C=At least 2 but not quite 3
26	D	D=At least 3 but not quite 4
48	E	E=4 or more
3281	~	Legitimately skipped
51		Missing

<i>PAC16</i>		<i>Months of activity #4 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3	A	A=Less than 1
25	B	B=At least 1 but not quite 4
68	C	C=At least 4 but not quite 7
40	D	D=At least 7 but not quite 10
93	E	E=10 or more
3281	~	Legitimately skipped
51		Missing

<i>PAC17</i>		<i>PPT exercises or plays sports #5</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
154	N	No
75	Y	Yes
3281	~	Legitimately skipped
51		Missing

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<i>PAC18</i>		<i>Exercise or play sports in leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
913	A	A=Never
717	B	B=Seldom
769	C	C=Sometimes
532	D	D=Often
184	E	E=Very often
386	~	Legitimately skipped
60		Missing

<i>PAC19</i>		<i>Rate physical activity during leisure time compared to others of same age</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
243	A	A=Much less
619	B	B=Less
1144	C	C=The same
1095	D	D=More
380	E	E=Much more
80		Missing

<i>PAC20</i>		<i>Sweat during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1196	A	A=Never
768	B	B=Seldom
746	C	C=Sometimes
286	D	D=Often
123	E	E=Very often
386	~	Legitimately skipped
56		Missing

<i>PAC21</i>		<i>Watch TV during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
100	A	A=Never
361	B	B=Seldom
1129	C	C=Sometimes
1346	D	D=Often
565	E	E=Very often
60		Missing

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<i>PAC22</i>		<i>Walk during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
534	A	A=Never
707	B	B=Seldom
1310	C	C=Sometimes
702	D	D=Often
249	E	E=Very often
59		Missing

<i>PAC23</i>		<i>Bike during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3026	A	A=Never
166	B	B=Seldom
203	C	C=Sometimes
76	D	D=Often
31	E	E=Very often
59		Missing

<i>PAC24</i>		<i>Performs light household work</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
314	A	A=Never (<once a month)
632	B	B=Sometimes (only when partner or help is not available)
559	C	C=Mostly (sometimes assisted by partner or help)
2001	D	D=Always (alone or together with partner)
55		Missing

<i>PAC25</i>		<i>Performs heavy housework</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
827	A	A=Never (<once a month)
738	B	B=Sometimes (only when partner or help is not available)
543	C	C=Mostly (sometimes assisted by partner or help)
1398	D	D=Always (alone or together with partner)
55		Missing

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<i>PAC26</i>		<i>Number of persons to clean for</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3272	Range	0 - 75 (median=2 mean=1.8 std=1.5)
231	.S	Legitimately skipped
58		Missing

<i>PAC27</i>		<i>Number of rooms to keep clean</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
99	A	A=Never do housekeeping
1840	B	B=1-6 rooms
971	C	C=7-9 rooms
360	D	D=10 or more rooms
231	~	Legitimately skipped
60		Missing

<i>PAC28</i>		<i>Number of floors in house kept</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
3264	Range	0 - 4 (median=1 mean=1.5 std=0.7)
231	.S	Legitimately skipped
66		Missing

<i>PAC29</i>		<i>Prepare warm meals</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
411	A	A=Never
876	B	B=Sometimes (once or twice a week)
823	C	C=Mostly (3-5 times a week)
1391	D	D=Always (more than 5 times a week)
60		Missing

<i>PAC30</i>		<i>Number of flights of stairs walked up per day</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1509	A	A=I never walk stairs
1285	B	B=1-5
405	C	C=6-10
303	D	D=More than 10
59		Missing

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<i>PAC31</i>		<i>Transportation used to go somewhere in hometown</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15	A	A=I never go out
3378	B	B=Car
88	C	C=Public transportation
3	D	D=Bicycle
20	E	E=Walking
57		Missing

<i>PAC32</i>		<i>Frequency of going out to shop</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
623	A	A=Never or less than once a week
1012	B	B=Once a week
1687	C	C=Twice to four times a week
181	D	D=Every day
58		Missing

<i>PAC33</i>		<i>Transportation used to go shopping</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
43	A	A=I never go out
3373	B	B=Car
69	C	C=Public transportation
2	D	D=Bicycle
16	E	E=Walking
58		Missing

<i>PAC34</i>		<i>Minutes walk or bike per day to/from work or shopping</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1431	A	A=Less than 5
592	B	B=At least 5 but not quite 15
433	C	C=At least 15 but not quite 30
320	D	D=At least 30 but not quite 45
379	E	E=45 or more
406		Missing

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<i>N</i>	<i>PAC0c</i>	<i>Type of visit</i>
	<i>Value</i>	<i>Description</i>
386	A	A=Abbreviated Clinic or Home
2943	F	F=Full
232		Missing