

Mini Mental Status Exam (MME)

**Neurocognitive Summary Form (NCS)** 

Delayed Word Recall (DWR)

Digit Symbol Substitution (DSS)

Incidental Learning (IL)

Word Fluency (FAS)

**Animal Naming** 

# **Neurocognitive Test Battery Examiner's Packet**

ID NUMBER:	DATE: 11/19/2019 VERSION 6.1			
ADMINISTRATIVE INFORMATION				
0a. Completion Date: Month Day	Ob. Staff ID:			
Materials Needed to th	ne Complete the Battery:			
Card with Pentagons and "Close your eyes" card (MMSE) – 5x8	Incidental Learning Template			
MMSE Scoring Key for Spelling WORLD Backwards	"Do Not Disturb" sign for the door during the exam			
Black Pen	Audio Recorder			
Pencil	Stop Watch			
Wrist Watch	Clipboard			
1 Sheet of Paper				
Set of 10 cards for the Delayed Word Recall – 5x8				
Digit Symbol Substitution Form				
Digit Symbol Substitution Scoring Transparency				
Neurocognitive Test I	Neurocognitive Test Battery Packet Contents			
Block A				
Ensuring Speech Understanding (ESU)				

# **Ensuring Speech Understanding**

Materials: Black pen

### **Instructions and script:**

"Listen carefully because I am going to read you several sentences. After I read each sentence, try to repeat out loud as much of the sentence as possible. The first sentence is..."

Read each sentence slowly (~2-3 seconds) articulating clearly with normal inflections. No repetitions are allowed. Circle and sum the bolded words that are repeated correctly.

Trial 1			
	1. The <u>player lost</u> the <u>shoe</u> .		
If the total score for Trial 1 ≥13, stop ESU and proceed with the	2. The <u>fire</u> is <u>very hot</u> .		
neurocognitive testing per protocol.	3. A <u>lady wore</u> a <u>coat</u> .		
If the total score for Trial 1 is ≤12,	4. The kitchen window was clean.		
proceed with Trial 2 below using a slightly louder tone of voice.	5. <b>Strawberry jam</b> is <b>sweet</b> .		
	TOTAL SCORE		
	Trial 2		
If the total score for Trial 2 ≥13,	1. The <b>book tells</b> a <b>story</b> .		
stop ESU and proceed with the neurocognitive testing per protocol.	2. The <b>team</b> is <b>playing well</b> .		
If the total score for Trial 2 is ≤12,	3. A boy did a handstand.		
proceed with neurocognitive testing using a slightly louder tone of voice and supplement verbal instructions with written prompts where appropriate.	4. Mother opened the drawer.		
	5. The <b>fish swam</b> in a <b>pond</b> .		
where appropriate.	TOTAL SCORE		



Scoring note:

"Not Attempted."

## **MINI MENTAL STATE EXAM**

FORM CODE: M M E

Materials: Black pen, pencil, wrist watch, one sheet of paper, pentagon drawing and "Close your eyes" card

Items which are not attempted due to a physical disability (e.g., vision or hearing loss) should be marked as

Items which are not administered due to <u>cognitive impairment</u> should be marked as "Incorrect."				
"In this next part of the exam I will ask you some querequire memory and concentration. Some may be a lit	_	•		
	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED	
0c. What is your full name?		0	0	
0d. How old are you?			$\Box_0$	
0e. What is the full date of your birth?				
Of. Without looking at a clock or watch, what is the approximate time of day?  Score as correct if within one hour of the actual time.			0	
1. What year is this?		o		
2. What season is this?  Winter: Dec, Jan, Feb, March Spring: March, April, May, June Summer: June, July, August, Sept Fall/Autumn: Sept, Oct, Nov, Dec			o	

	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED	
3. What month is this?				
Score as correct if within one day of the actual month.	1	0	0	
4. What is the day of the week?				
If the participant gives the date instead of the day, give credit for date and say, "Good, and what day of the week is it?"	1	o	o	
5. What is the date?		o	o	
6. What state are we in?		o	0	
7. What city is this?		o	o	
8. What county do you live in?		o	o	
9. What is the name of this place where we are right now?				
Prompt for more detail if a generic or vague response is given.	1	0	0	
10. Are we on the ground floor or a higher floor of this building?				
"I am going to say three words. After I have said all three words, I want you to repeat them all back to me. Ready? Repeat these words after me: blue - pear - sofa. Please try to remember what they are, because I am going to ask you to name them again in a few minutes."				
If participant is unable to recall all three words, repeat up to 2 additional trials until he/she correctly names all three objects, but score only the first trial.				
	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED	
<b>11</b> . Blue		0		
12. Pear		О	О	
<b>13</b> . Sofa		o	o	

<b>How do you spell the word "World?"</b> (If unable to spell then continue with the second part of the question, even it	•	,	•
How would you spell it backwards? Record the order of the letters given. Refer to scoring template to assign credit (e.g., DROW = 4 correct).  Allow additional trials if requested.	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED
Record response:			
<b>14</b> . D	1	0	0
15. L	1	0	0
<b>16</b> . R	1	0	0
<b>17</b> . O	1	0	0
18. W	1	0	0
	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED
19. Point to a pencil. Ask, "What is this called?"	1	0	0
20. Point to a watch. Ask, "What is this called?"	1	0	О
21. Repeat this phrase after me: "No ifs, ands, or buts."	1	0	0
22. Please write any complete sentence you can think of on this piece of paper.	1	0	0
Have the participant write a sentence of his/her choice. In needed, prompt by saying, "Write a sentence about the	lgnore grammar, s weather." Note o	pelling and punct dominant hand us	uation. <i>If</i> sed.
	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED
23. Here is a drawing. Please copy the drawing on this piece of paper.		o	0
/ 🔷 \			

Hand the participant a piece of paper and the pentagons card. Orient the card as shown. <u>Allow 1 minute</u> for copying. Score 1 if all sides and angles are preserved and two five-sided figures intersect to form a four-sided figure. Ignore tremor, rotation, minor gaps, and self-correction. <u>Note dominant hand used.</u>

Now, what were those 3 words I asked you to remember? Provide no hints.	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED
<b>24</b> . Blue	1	О	0
<b>25.</b> Pear	1	О	0
<b>26</b> . Sofa	1	0	0
Listen carefully because I'm going to ask you to do so the participant but out of reach. Take this paper in your (pause), and put it on the floor. Substitute, "Hand it be After saying the entire command, hold the paper within re hand). Do not repeat any individual part of the command request, but the entire command must be repeated verbal immediately after hearing the first portion of the command reach and continue to state the next two parts of the command.	old it in half d or bed- bound. or of either participant's e paper		
	CORRECT	INCORRECT/ DON'T KNOW	NOT ATTEMPTED/ REFUSED
27. Takes paper in correct hand	1	0	0
28. Folds paper in half		0	0
29. Places paper on floor	1	0	0
Please read this sentence out loud and then do what it says.			NOT
Display sentence command "CLOSE YOUR EYES."	CORRECT	INCORRECT/	ATTEMPTED/
Score 1 point only if the participant closes his/her eyes. As soon as the participant closes his/her eyes say, "Open."		DON'T KNOW	REFUSED
30. Closes eyes	1	0	0
31. MMSE TOTAL SCORE (CDART will calculate the s			
32. How many questions were not attempted due to Edisability? (Consider only Q1 to Q30. If all Q1-Q30 are			

### **DELAYED WORD RECALL — EXPOSURE**

Materials: Black pen, word cards, stopwatch

<u>Instructions and script:</u> "I am going to show you some words that I'd like you to try to remember. I will read each word first. I would like you to repeat the word I say out loud and then use it in a sentence — this will help you remember the words. Do not use words from a previous card in your sentence. The first word is..." Present the first card, etc.

Check each word in column A after the participant has read it aloud and used it in a sentence. If the participant has trouble forming a sentence or offers associations, the examiner may offer suggestions. Encourage the participant to form sentences that convey the meaning of the word, e.g., do not allow sentences like, "The chimney is nice," but encourage statements like, "The smoke went up the chimney." Sentences linking multiple words from the word list are not allowed. If this occurs say, "Please use only one word from the cards in each sentence." Do not correct for homophone (sentence with flour vs. flower) or plurals. For other incorrect suffixes, (e.g., "ing", etc.) politely remind the participant of the correct word.

After column A is completed say, "To help you remember, we'll go through the words again. Just like before, I will read each word. Then I would like you to repeat the word and use it in a sentence. You may use the same sentence you used the first time or make up a different one. The first word is..."

Again present each card to the participant.

Check each word in column B after the participant has read it aloud and used it in a sentence the second time.

Words	A) Check after sentence	B) Check after sentence
Chimney		
Salt		
Harp		
Button		
Meadow		
Train		
Flower		
Finger		
Rug		
Book		

### **DIGIT SYMBOL SUBSTITUTION TASK**

Score:
--------

Materials: Black pen, Digit Symbol form, stopwatch

**Instructions and Script:** Place Digit-Symbol form in front of the participant.

"This is the digit-symbol task. Look at these boxes across the top of the page. On the top of each box are numbers from one through nine. On the bottom of each box there is a special mark. Each number has its own mark."

Point to 1 and its mark, then to 2 and its mark.

"Down here are boxes with numbers in the top part, but the bottom part is empty." Point to the four rows. "I want you to put the correct mark in each box like this."

"Here is a 2; the 2 has this mark." Point to the first sample item, then to the mark below the 2 in the key. "So I put it in this box, like this." Write in the symbol.

"Here is a 1; the 1 has this mark." Point to the second sample item, then to the mark below the 1 in the key. "So I put it in this box." Write in the symbol.

"Here is a 3; the 3 has this mark." Point to the third sample item, then to the mark below the 3 in the key. "So I put it in this box." Write in the symbol.

"Now, just for practice, you fill in all the boxes up to this heavy line."

If the participant makes an error on a sample item, correct the error immediately and review the use of the key. Continue to help (if necessary) until the seven sample items have been filled in correctly. Do not proceed with the test until the participant clearly understands the task.

Look to see if a left-handed participant blocks the key when filling in the marks. If so, fold a separate template in half, exposing only the key, for the participant to use.

"Yes, now you know how to do them."

"When I tell you to begin, start here," point to the first test item "and fill in as many boxes as you can, one after the other, without skipping any. Work as quickly as you can. When you finish one line," sweep finger across the first row, "go on to the next one," sweep finger across the second row. "Keep working until I tell you to stop and remember to work as quickly as you can."

"Ready? Go ahead." Begin timing. At the end of 90 seconds, say, "Stop. That's good, thank you." Examiner should be vigilant that timing is precise.

If the participant skips an item or starts doing only one type (e.g., only the 1's), say, "Do them in order. Don't skip any." Point to the first item skipped and say, "Do this one next." Do not stop timing. Credit is not given for items completed out of sequence (e.g., doing all the 1's). Credit is given for skipped items that are subsequently completed after being pointed out.

Do not intervene if the participant fills in a wrong symbol, but if the participant has clearly lost focus as to what to do (e.g., starts filling in something other than symbols), you may give the following reminder: "Remember, you are to fill in the mark that goes below each number, as indicated in the key up above."

If the participant pauses at the end of a row or stops working, encourage him/her to continue say, "Good, keep going." Point to the beginning of the next row, if necessary.

Using the DSST transparency, count the number of correctly completed blocks and record the score on the summary form (the seven sample items are not included in the total score).

### **DELAYED WORD RECALL**

Materials: Black pen

### **Instructions and script:**

A few minutes ago, you read and made a sentence with several words that were on those cards. Please tell me all of the words you can remember in any order. Ready? Begin.

<u>Allow 60 seconds</u>. After the participant's response (or after a pause of 10 seconds), provide one prompt for more words say, "Can you think of any more words?" Credit is given for plurals.

Score 1 point for each word recalled.

Words	Check all words recalled
Chimney	
Salt	
Harp	
Button	
Meadow	
Train	
Flower	
Finger	
Rug	
Book	
TOTAL	

### **INCIDENTAL LEARNING**

Materials: Black pen, pencil, IL template, stopwatch

**Instructions and script:** Place IL template in front of the participant.

PART A

"Now I'd like you to write down all of the symbols you can remember (point to the <u>bottom</u> row of the IL template), in any order, from the task you did a moment ago. Ready? Go ahead."

Allow 60 seconds.

### PART B

"Now I'd like you to fill in the numbers that you think go with each symbol (point to the <u>top</u> row of the IL template). Ready? Go ahead."

Allow 60 seconds.

TOTAL SYMBOLS (regardless of pairing)	 Max = 9	
2. TOTAL DIGIT-SYMBOL PAIRS ( number of correct symbols correctly paired with corresponding numbers)	 Max = 9	
Scoring note: The total # of digit pairs should not exceed the total # of symbols.		

### **WORD FLUENCY TASK**

Materials: Black pen, stopwatch

<u>Instructions and script:</u> "On this next task, I will say a letter. Then I want you to tell me as many different words as you can think of, as fast as you can, that begin with that letter.

Leave out names of people, names of places, and numbers. So, if I were to say 'T,' you should not say words like 'Thomas,' 'Texas,' or the number 'Ten.' But, you could say words like 'table,' 'take,' or 'turtle.'

Also, do not use the same word again with a different ending. For example, if you said 'take,' then you should not say 'takes,' or 'taking.' These would all be considered the same word. Are you ready? Tell me as many words as you can think of that start with the letter F. I will tell you when to stop. Ready? Go."

Start the stopwatch. Record all words produced (use the back of the page if more space is needed). However, if the examiner can't keep up with the words produced and misses a word but is certain that the participant produced an admissible word, place an "X" on the line to indicate credit for the word. Place a single strike mark through inadmissible words, e.g., proper nouns (names or places), simple variations (adding "ed" or "ly"), plurals, and repetitions.

If the participant stops for more than 10 seconds, encourage further responses. Say, "Can you think of any more words that start with the letter F?" Allow 60 seconds for each letter. The next letter is not given until the entire 60 second period has passed.

After 60 seconds, instruct the participant to stop and proceed to the letter A saying, "Stop. Thank you. Now, tell me as many words as you can think of that start with the letter A. I will tell you when to stop. Ready? Go." Begin timing. Allow 60 seconds.

After 60 seconds, instruct the participant again to stop and proceed to the letter S saying, "Stop. Okay, thank you. Now, tell me as many words as you can think of that start with the letter S. I will tell you when to stop. Ready? Go." Begin timing. Allow 60 seconds.

Do not intervene for the occasional inadmissible word, however, if the participant has clearly lost focus as to what to do (e.g., begins naming only inadmissible words, such as numbers, or begins to name only variants of a previous word, such as "flower" followed by "rose," "daisy," etc.), clarify the instructions by saying, "Tell me words that start with F (A or S) but do not include numbers," (or people, etc. depending on the error).

If a participant asks if they have already said a word, do not say "yes" or "no." Instead, simply encourage more responses saying, "It's okay; keep going."

Score the total number of admissible words (new examiners should check their word count with audio tape for 2 months after initial certification).

	F	Α	S
1			
2			
3			
4			
5			
6			
7			
8			
9			
10			
11			
12			
13			
14			
15			
16			
17			
18			
19			
20			
21			
22			
23			
24			
25			
TOTAL			

### **ANIMAL NAMING FORM**

Materials: Black pen, stopwatch

Instructions and Script: "Now we'll try something different. On this next task, I want you to tell me as many different animals as you can think of. Name them as quickly as you can. I will tell you when to stop. Ready? Go ahead."

Start timing. Allow 60 seconds. Write down all of the words produced verbatim in the order in which they were presented. If production is too rapid for verbatim recording, the examiner may also indicate that an acceptable word was produced by simply making an "X" on the form. If there is a pause of 10 seconds or more, repeat basic instructions and give the starting word "dog." If the participant discontinues before the end of the time period, encourage him/her to produce more names.

Place a single strike mark through repetitions or plurals; these should only be counted once. Names of extinct, imaginary, or magical animals are admissible. Given names like "Fido" or "Spot" are not counted. Credit is given for: breeds (e.g., terriers; male, female, infant names of a species (e.g., bull, cow, calf); both superordinate and subordinate examples of a species (e.g., both dog and terrier are credited); birds; fish; reptiles; and insects. Prompt participant not to provide given names after 3 consecutive occurrences.

Score the total number of admissible animals (new examiners should check their count by audio tape for 2 months after initial certification).

Animals				
1		17		
2		18		
3		19		
4		20		
5		21		
6		22		
7		23		
8		24		
9		25		
10		26		
11		27		
12		28		
13		29		
14		30		
15		31		
16	Neurocognitive Test Ratteny F	32		



# NEUROCOGNITIVE BATTERY **SUMMARY FORM**

FORM CODE:	N	С	S
------------	---	---	---

If a test was discontinued, record the reason for discontinuation using the appropriate letter:

- **A = Refusal** (participant declines/refuses to perform a test)
- **B = Task difficulty** (participant could not fully understand the instructions or became frustrated)
- **C = Impairment** (Visual, hearing, literacy, or limb or motor problem)

BLOCK A				
TEST NAME	IF DISCONTINUED: Enter reason for discontinuation.	SCORE		
2. Digit Symbol Substitution	2a.	2b.		
3. Delayed Word Recall	3a.	3b.		
4. Incidental Learning	4a.	4b. Symbols		
4. Incluental Learning		4c. Digit-Symbol Pairs		
	ncy (FAS) 5a.	5b. F Total		
5. Word Fluency (FAS)		5c. A Total		
		5d. S Total		
6. Animal Naming	6a.	6b.		

# 16. For any tests that were fully completed (not discontinued), was there anything that you feel may have substantially influenced the test results for this participant? These might include for example: hearing loss, vision problems, tremor, arthritis in the hands, sedation, or if performed in the home/LTC setting, environmental factors such as poor lighting, background noise or interruptions during the testing session. 16a. If yes, specify: