

Section 3: V9 / NCS Forms

Physical Activity Form: FORM CODE=PAC VERSION=0200 0300

Instructions: This form records the participant's physical activity.

<i>Vers</i>		<i>Vers</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
185	0200	
1873	0300	

<i>VISIT</i>		<i>VISIT</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2058	V9	

<i>Occurrence</i>		<i>Occurrence</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2058	1	

<i>PAC0b</i>		<i>Staff ID</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2009	Present	Text suppressed
49		Missing

<i>PAC1</i>		<i>PPT exercises or plays sports #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
592	N	No
1181	Y	Yes
233	~	Legitimately skipped
52		Missing

<i>PAC2</i>		<i>Sport or exercise #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1177	Range	2 - 499 (median=412 mean=340.7 std=144.7)
828	.S	Legitimately skipped
53		Missing

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<i>PAC3</i>		<i>Hours per week of activity #1</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
97	A	A=Less than 1
202	B	B=At least 1 but not quite 2
252	C	C=At least 2 but not quite 3
230	D	D=At least 3 but not quite 4
398	E	E=4 or more
828	~	Legitimately skipped
51		Missing

<i>PAC4</i>		<i>Months of activity #1 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
24	A	A=Less than 1
87	B	B=At least 1 but not quite 4
146	C	C=At least 4 but not quite 7
179	D	D=At least 7 but not quite 10
743	E	E=10 or more
828	~	Legitimately skipped
51		Missing

<i>PAC5</i>		<i>PPT exercises or plays sports #2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
500	N	No
680	Y	Yes
828	~	Legitimately skipped
50		Missing

<i>PAC6</i>		<i>Sport or exercise #2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
678	Range	2 - 499 (median=412 mean=325.3 std=155.0)
1329	.S	Legitimately skipped
51		Missing

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<i>PAC7</i>		<i>Hours per week of activity #2</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
76	A	A=Less than 1
177	B	B=At least 1 but not quite 2
135	C	C=At least 2 but not quite 3
117	D	D=At least 3 but not quite 4
174	E	E=4 or more
1329	~	Legitimately skipped
50		Missing

<i>PAC8</i>		<i>Months of activity #2 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
10	A	A=Less than 1
61	B	B=At least 1 but not quite 4
118	C	C=At least 4 but not quite 7
96	D	D=At least 7 but not quite 10
394	E	E=10 or more
1329	~	Legitimately skipped
50		Missing

<i>PAC9</i>		<i>PPT exercises or plays sports #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
413	N	No
267	Y	Yes
1329	~	Legitimately skipped
49		Missing

<i>PAC10</i>		<i>Sport or exercise #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
267	Range	2 - 499 (median=350 mean=295.5 std=158.3)
1742	.S	Legitimately skipped
49		Missing

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<i>PAC11</i>		<i>Hours per week of activity #3</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
49	A	A=Less than 1
73	B	B=At least 1 but not quite 2
46	C	C=At least 2 but not quite 3
47	D	D=At least 3 but not quite 4
51	E	E=4 or more
1742	~	Legitimately skipped
50		Missing

<i>PAC12</i>		<i>Months of activity #3 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
7	A	A=Less than 1
37	B	B=At least 1 but not quite 4
52	C	C=At least 4 but not quite 7
38	D	D=At least 7 but not quite 10
131	E	E=10 or more
1742	~	Legitimately skipped
51		Missing

<i>PAC13</i>		<i>PPT exercises or plays sports #4</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
179	N	No
88	Y	Yes
1742	~	Legitimately skipped
49		Missing

<i>PAC14</i>		<i>Sport or exercise #4</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
88	Range	2 - 499 (median=282.5 mean=269.55 std=149.92)
1921	.S	Legitimately skipped
49		Missing

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<i>PAC15</i>		<i>Hours per week of activity #4</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
15	A	A=Less than 1
23	B	B=At least 1 but not quite 2
17	C	C=At least 2 but not quite 3
7	D	D=At least 3 but not quite 4
25	E	E=4 or more
1921	~	Legitimately skipped
50		Missing

<i>PAC16</i>		<i>Months of activity #4 per year</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2	A	A=Less than 1
13	B	B=At least 1 but not quite 4
18	C	C=At least 4 but not quite 7
6	D	D=At least 7 but not quite 10
49	E	E=10 or more
1921	~	Legitimately skipped
49		Missing

<i>PAC17</i>		<i>PPT exercises or plays sports #5</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
58	N	No
28	Y	Yes
1921	~	Legitimately skipped
51		Missing

<i>PAC18</i>		<i>Exercise or play sports in leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
608	A	A=Never
346	B	B=Seldom
392	C	C=Sometimes
290	D	D=Often
131	E	E=Very often
233	~	Legitimately skipped
58		Missing

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<i>PAC19</i>		<i>Rate physical activity during leisure time compared to others of same age</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
202	A	A=Much less
334	B	B=Less
652	C	C=The same
567	D	D=More
220	E	E=Much more
83		Missing

<i>PAC20</i>		<i>Sweat during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
739	A	A=Never
437	B	B=Seldom
389	C	C=Sometimes
138	D	D=Often
61	E	E=Very often
233	~	Legitimately skipped
61		Missing

<i>PAC21</i>		<i>Watch TV during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
61	A	A=Never
177	B	B=Seldom
572	C	C=Sometimes
778	D	D=Often
411	E	E=Very often
59		Missing

<i>PAC22</i>		<i>Walk during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
372	A	A=Never
407	B	B=Seldom
633	C	C=Sometimes
405	D	D=Often
181	E	E=Very often
60		Missing

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<i>PAC23</i>		<i>Bike during leisure time</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1788	A	A=Never
62	B	B=Seldom
88	C	C=Sometimes
37	D	D=Often
23	E	E=Very often
60		Missing

<i>PAC24</i>		<i>Performs light household work</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
213	A	A=Never (<once a month)
311	B	B=Sometimes (only when partner or help is not available)
263	C	C=Mostly (sometimes assisted by partner or help)
1215	D	D=Always (alone or together with partner)
56		Missing

<i>PAC25</i>		<i>Performs heavy housework</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
527	A	A=Never (<once a month)
367	B	B=Sometimes (only when partner or help is not available)
233	C	C=Mostly (sometimes assisted by partner or help)
875	D	D=Always (alone or together with partner)
56		Missing

<i>PAC26</i>		<i>Number of persons to clean for</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1827	Range	0 - 9 (median=2 mean=1.7 std=0.8)
170	.S	Legitimately skipped
61		Missing

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<i>PAC27</i>		<i>Number of rooms to keep clean</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
59	A	A=Never do housekeeping
1118	B	B=1-6 rooms
476	C	C=7-9 rooms
173	D	D=10 or more rooms
170	~	Legitimately skipped
62		Missing

<i>PAC28</i>		<i>Number of floors in house kept</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1817	Range	0 - 8 (median=1 mean=1.5 std=0.7)
170	.S	Legitimately skipped
71		Missing

<i>PAC29</i>		<i>Prepare warm meals</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
260	A	A=Never
459	B	B=Sometimes (once or twice a week)
428	C	C=Mostly (3-5 times a week)
854	D	D=Always (more than 5 times a week)
57		Missing

<i>PAC30</i>		<i>Number of flights of stairs walked up per day</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
929	A	A=I never walk stairs
722	B	B=1-5
216	C	C=6-10
132	D	D=More than 10
59		Missing

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<i>PAC31</i>		<i>Transportation used to go somewhere in hometown</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
26	A	A=I never go out
1941	B	B=Car
21	C	C=Public transportation
1	D	D=Bicycle
11	E	E=Walking
58		Missing

<i>PAC32</i>		<i>Frequency of going out to shop</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
467	A	A=Never or less than once a week
610	B	B=Once a week
832	C	C=Twice to four times a week
91	D	D=Every day
58		Missing

<i>PAC33</i>		<i>Transportation used to go shopping</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
53	A	A=I never go out
1915	B	B=Car
20	C	C=Public transportation
2	D	D=Bicycle
8	E	E=Walking
60		Missing

<i>PAC34</i>		<i>Minutes walk or bike per day to/from work or shopping</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1112	A	A=Less than 5
459	B	B=At least 5 but not quite 15
192	C	C=At least 15 but not quite 30
101	D	D=At least 30 but not quite 45
95	E	E=45 or more
99		Missing

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<i>PAC0c</i>		<i>Type of visit</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
233	A	A=Abbreviated Clinic or Home
1591	F	F=Full
234		Missing

<i>PAC0A_FollowUpDays</i>		<i>Days of follow up from visit 1 to Completion date</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
2009	Range	11479 - 13086 (median=12160 mean=12183.0 std=333.1)
49		Missing

<i>PAC0A_year</i>		<i>Year of Completion date</i>
<i>N</i>	<i>Value</i>	<i>Description</i>
1105	2021	
904	2022	
49		Missing