

Appendices

Appendices are identified by section number in Manual 2, and are found in the secure section of the ARIC study website under Cohort -> Current Visit Forms, QxQ and Manuals -> Visit Manuals. The Visit Checklists are also found on the ARIC study website under Cohort -> Current Visit Forms, QxQs, and Manuals -> Visit 10.

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Appendix 1.A. PROTOTYPE RECRUITMENT LETTER

The ARIC Gen2 Study / Logo
Street address
Town/city, State, Zip code
Phone, number

Name of ARIC Gen2 Recruit
Street address
Town/city, State, Zip code

Dear <title> <name>:

A research study directed by the <University> is being conducted in <study site> as part of the Atherosclerosis Risk in Communities (ARIC) Study. This new study is called the ARIC Generation 2 Study, and it is sponsored by the National Institutes of Health. The purpose of this study is to evaluate the link between glucose and heart problems in adults with type 2 diabetes. Heart problems can be common in people with type 2 diabetes. We are recruiting adults 50 to 80 years of age who have a diagnosis of type 2 diabetes.

Eligible people will be invited to participate in a free medical screening clinic where blood pressure, glucose, body size, physical functioning, and memory will be measured. We will conduct interviews to collect some information on factors related to your health and health history. We will also place two small devices that will monitor your glucose and heart rhythm for 2 weeks. The glucose monitor is placed on the arm and the heart rhythm monitor is a sticker that is placed on the chest. Both devices are regularly used by medical doctors.

All information will be held strictly confidential and used only for research purposes. This research study will provide important information on your health status and will aid physicians in understanding the relationship between type 2 diabetes and heart problems.

ARIC staff will be calling you within a few days to determine your availability for this exam. Our staff can work with you on many flexible options to accommodate your needs. We thank you for your assistance with this research study.

Sincerely,

[Principal Investigator]

sIRB: IRB00311999