

**ARIC Manuscript Proposal # 1425**

**PC Reviewed:** 09/09/08  
**SC Reviewed:** \_\_\_\_\_

**Status:** A  
**Status:** \_\_\_\_\_

**Priority:** 2  
**Priority:** \_\_\_\_\_

**1.a. Full Title:** The clinical utility of carotid intimal medial thickness (CIMT) and a single nucleotide polymorphism on chromosome 9p21 in reclassifying risk for incident CHD and stroke in the ARIC study

**b. Abbreviated Title (Length 26 characters):** IMT, 9p21, reclassifying risk

**2. Writing Group:**

Writing group members:

Vijay Nambi MD

Christie M Ballantyne MD

Eric Boerwinkle PhD

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Lloyd Chambless MD

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Others are welcome

I, the first author, confirm that all the coauthors have given their approval for this manuscript proposal. \_\_VN\_\_ **[please confirm with your initials electronically or in writing]**

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3. **Timeline:** Analysis to start as soon as approval obtained. Manuscript is to be prepared as soon as analysis is available. We hope that the analysis and manuscript preparation will take place within one year from approval of the proposal.
4. **Rationale:** We have shown that carotid intima media thickness (CIMT) improves incident coronary heart disease (CHD) risk prediction and can reclassify an individuals predicted risk when added to traditional risk factors (TRF) in the ARIC study (MS 611, 1213). Similarly we have also shown that the addition of the 9p21 allele to the TRF in whites in the ARIC study improves CHD risk prediction in the ARIC study as well (MS1291). Given that another recent report suggested that the risk allele for the 9p21 SNP is not associated with C-IMT we propose that the addition of C-IMT and 9p21 will be additive and further improve CHD risk prediction in Whites in the ARIC study.

#### 5. Main Hypothesis/Study Questions:

**Hypothesis:** CIMT and the risk allele of the SNP in chromosome 9p21 when added to traditional risk scores such as the ARIC risk score (ARS) will improve classification of patients in the various risk groups

##### **Questions to be addressed in a step wise manner:**

- a. Does the addition of 9p21 and C-IMT improve CHD risk prediction in Whites in the ARIC study?
- b. Does the addition of 9p21 and C-IMT improve stroke risk prediction in Whites in the ARIC study?
- c. Does the addition of 9p21 and C-IMT improve CVD (cardiovascular disease: CHD + stroke) risk prediction in Whites in the ARIC study?
- d. Does the addition of 9p21, C-IMT and carotid artery plaque improve CHD, stroke, CVD risk prediction in Whites in the ARIC study?

#### 6. Design and analysis (study design, inclusion/exclusion, outcome and other variables of interest with specific reference to the time of their collection, summary of data analysis, and any anticipated methodologic limitations or challenges if present).

The analysis design would be similar to the prior manuscripts which evaluated if adding 9p21 and IMT improves CHD risk classification in ARIC

After excluding patients with CHD at baseline, all the other White individuals in the ARIC study on whom an ARIC coronary risk score can be calculated and have available



8.a. Will the DNA data be used in this manuscript? ☒ Yes  
☐ No

8.b. If yes, is the author aware that either DNA data distributed by the Coordinating Center must be used, or the file ICTDER02 must be used to exclude those with value RES\_DNA = "No use/storage DNA"?  
☒ Yes ☐ No

9. The lead author of this manuscript proposal has reviewed the list of existing ARIC Study manuscript proposals and has found no overlap between this proposal and previously approved manuscript proposals either published or still in active status. ARIC Investigators have access to the publications lists under the Study Members Area of the web site at: <http://www.cscce.unc.edu/ARIC/search.php>

☒ Yes ☐ No

10. What are the most related manuscript proposals in ARIC (authors are encouraged to contact lead authors of these proposals for comments on the new proposal or collaboration)?

MS 1213 and MS 1291

Lead authors from both these studies are included in this proposal

11. a. Is this manuscript proposal associated with any ARIC ancillary studies or use any ancillary study data? ☐ Yes ☒ No

11.b. If yes, is the proposal

☐ A. primarily the result of an ancillary study (list number\* \_\_\_\_\_)

☐ B. primarily based on ARIC data with ancillary data playing a minor role (usually control variables; list number(s)\* \_\_\_\_\_)

\*ancillary studies are listed by number at <http://www.cscce.unc.edu/aric/forms/>

12. Manuscript preparation is expected to be completed in one to three years. If a manuscript is not submitted for ARIC review at the end of the 3-years from the date of the approval, the manuscript proposal will expire.