

## ARIC Manuscript Proposal # 1663A

PC Reviewed: 7/12/11  
SC Reviewed: \_\_\_\_\_

Status: A  
Status: \_\_\_\_\_

Priority: 2  
Priority: \_\_\_\_\_

**1.a. Full Title:** Brain MRI-defined white matter lesions and infarcts, alone and in combination, are risk factors for IPH in the combined ARIC/CHS cohorts

**b. Abbreviated Title (Length 26 characters):**

**2. Writing Group:**

Writing group members: Aaron Folsom, Hiroshi, Yatsuya, Tom Mosley, Bruce Psaty, Will Longstreth

I, the first author, confirm that all the coauthors have given their approval for this manuscript proposal. \_\_AF\_\_ [**please confirm with your initials electronically or in writing**]

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**ARIC author** to be contacted if there are questions about the manuscript and the first author does not respond or cannot be located (this must be an ARIC investigator).

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**3. Timeline:** Summer 2011

**4. Rationale:**

Actually, this workscope was approved as part of manuscript MS1663, but decided to submit a separate manuscript proposal for this spin off paper.

Intraparenchymal hemorrhage (IPH) accounts for approximately 20% of all strokes and has a high 30-day mortality rate. IPH also causes significant morbidity in the form of both physical and cognitive disability. Current treatment is mostly palliative, so searching for risk factors that may identify high-risk patients and modifiable risk factors is still of critical importance. Unfortunately the search for risk factors has been hampered due to the relative rarity of the disease. A recent review of literature on IPH identified the major risk factors as age, male sex, hypertension, and high alcohol intake. There remains a high degree of uncertainty about novel risk factors due to the methodology of the studies reporting results and the rarity of IPH. Neither CHS nor ARIC have enough IPH cases to analyze their data separately, but the two studies share a wealth of data that permit the study of established and novel risk factors. In fact, Jared Sturgeon, under the leadership of Aaron Folsom, Will Longstreth and colleagues, published two PhD dissertation papers on the combined ARIC and CHS IPH data. Based on 135 incident IPH events through 2002, their main conclusions were that risk factors for IPH were older age, African-American ethnicity, hypertension, lower LDL-C, lower triglycerides, and higher fibrinogen and von Willebrand factor. Many other traditional or hemostatic CVD risk factors were not statistically significantly associated with IPH risk. With extension through 2007, we expect there to be about 190 incident IPH events. We anticipate this sample size would allow us to detect relative risks for typical dichotomous risk factors on the order of  $RR = 2$  with power = 0.8.

## **5. Main Hypothesis/Study Questions:**

Brain MRI-defined white matter lesions and infarcts, alone and in combination, are risk factors for IPH in the combined ARIC/CHS cohorts.

## **6. Design and analysis (study design, inclusion/exclusion, outcome and other variables of interest with specific reference to the time of their collection, summary of data analysis, and any anticipated methodologic limitations or challenges if present).**

Inclusions: ARIC and CHS cohorts.

Exclusions: Prior clinical stroke; baseline warfarin, heparin, or other anticoagulant use (but not aspirin); no MRI data.

Dependent variables: IPH stroke through 2007

Independent variables: white matter grade and infarct on initial MRI

Other Covariates (at time of MRI or exam before): Age, sex, race, SBP and antihypertensives, LDL-C, triglycerides, fibrinogen, von Willebrand factor, diabetes, smoking, alcohol, prior CHD, carotid IMT.

We plan on conducting a prospective analysis examining IPH and several potential risk factors. The independent and dependent variables are listed above. Independent categorical variables will be analyzed using their natural categories, and continuous variables will be analyzed as both continuous and discrete (quartiles, etc). We plan to report incidence rates and relative risks for the outcome variables for levels of our independent variables. We will also report relative risks created using Cox proportional hazard regression models. We will produce our model through iterative steps beginning with the basic model developed by Sturgeon and then selectively adding and removing variables and observing the impact on the model. The small sizes will prevent the reporting of different outcomes by race, but when necessary we will stratify by parent study (ARIC and CHS). We will be using SAS for our analysis.

**7.a. Will the data be used for non-CVD analysis in this manuscript?**    ☐ Yes  
☒ No

**b. If Yes, is the author aware that the file ICTDER03 must be used to exclude persons with a value RES\_OTH = "CVD Research" for non-DNA analysis, and for DNA analysis RES\_DNA = "CVD Research" would be used?**    ☐  
Yes    ☐ No

(This file ICTDER03 has been distributed to ARIC PIs, and contains the responses to consent updates related to stored sample use for research.)

**8.a. Will the DNA data be used in this manuscript?**    ☐ Yes  
☒ No

**8.b. If yes, is the author aware that either DNA data distributed by the Coordinating Center must be used, or the file ICTDER03 must be used to exclude those with value RES\_DNA = "No use/storage DNA"?**  
☐ Yes    ☐ No

**9. The lead author of this manuscript proposal has reviewed the list of existing ARIC Study manuscript proposals and has found no overlap between this proposal and previously approved manuscript proposals either published or still in active status.** ARIC Investigators have access to the publications lists under the Study Members Area of the web site at: <http://www.csc.unc.edu/ARIC/search.php>

☒ Yes    ☐ No

**10. What are the most related manuscript proposals in ARIC (authors are encouraged to contact lead authors of these proposals for comments on the new proposal or collaboration)?**

#1003 Sturgeon JD, Folsom AR, Longstreth WT Jr, Shahar E, Rosamond WD, Cushman M. Risk factors for intracerebral hemorrhage in a pooled prospective study. Stroke. 2007 Oct;38(10):2718-25

#1009 Sturgeon JD, Folsom AR, Bray MS, Boerwinkle E, Ballantyne CM. Apolipoprotein E Genotype and Incident Ischemic Stroke; The Atherosclerosis Risk in Communities (ARIC) Study. Stroke. 2005 Nov;36(11):2484-6.

