

ARIC Manuscript Proposal #2720

PC Reviewed: 3/8/16

Status: A

Priority: 2

SC Reviewed: _____

Status: _____

Priority: _____

1.a. Full Title: Longitudinal Association of Peripheral Artery Disease (PAD) with Atrial Fibrillation (AF): The Atherosclerosis Risk in Communities (ARIC) Study

b. Abbreviated Title (Length 10 characters): PAD and AF

2. Writing Group:

Writing group members: Wobo Bekwelem, Faye Lopez, Sunil K. Agarwal, Kunihiro Matsushita, Josef Coresh, Alvaro Alonso, Lin Y Chen.

I, the first author, confirm that all the coauthors have given their approval for this manuscript proposal. WB [please confirm with your initials electronically or in writing]

First author: Wobo Bekwelem, MD, MPH

Address: Lillehei Heart Institute and Cardiovascular Division,
University of Minnesota Medical School,
420 Delaware Street SE, MMC 508,
Minneapolis, MN 55455.

Telephone: +1 (612) 607-2863; Fax: +1 (612) 626-4411

E-mail: bekwe001@umn.edu

ARIC author to be contacted if there are questions about the manuscript and the first author does not respond or cannot be located (this must be an ARIC investigator).

Name: Lin Y. Chen, MD, MS

Address: Cardiac Arrhythmia Center, Cardiovascular Division,
Department of Medicine,
University of Minnesota Medical School,
420 Delaware Street SE, MMC 508,
Minneapolis, MN 55455

Phone: 612-625-4401

Fax: 612-624-4937

E-mail: chenx484@umn.edu

3. Timeline: Statistical Analysis: 1 month
Manuscript preparation: 2 months

4. Rationale:

Atrial fibrillation (AF) is the most common sustained cardiac arrhythmia, and its prevalence is increasing over time.¹ AF is associated with an increased risk of stroke,² heart failure,³ and death.^{4, 5} AF has been shown to be more prevalent in patients with peripheral artery disease (PAD) compared to the general population⁶⁻⁸. Data from the international REACH registry has demonstrated the high co-prevalence of PAD and AF, and the additive risk of these two clinical syndromes^{7,8}. In the REACH registry, there was an 11.5% prevalence of AF among PAD patients compared to an estimated prevalence of 2.3% and 5.9% in the general population aged ≥ 40 years and ≥ 65 years, respectively^{8,9}. PAD has been shown to be associated with incident clinical AF regardless of age, sex, race/ethnicity, and cardiovascular risk factors among postmenopausal women¹⁰ and the general population^{11,12}.

Although the association of PAD with AF is well established, it is unknown what effect the severity of PAD (as measured by the ankle-brachial index [ABI]) has on AF incidence. Specifically, if borderline ABI (0.91-0.99) has a similar association as ABI < 0.9 on AF incidence.

PAD guidelines define a normal ABI range of 1.00 to 1.40, and abnormal values are defined as ≤ 0.90 . ABI values of 0.91 to 0.99 are considered “borderline” and values > 1.40 indicate noncompressible arteries (13). Individuals with noncompressible arteries may represent a higher risk/different group of PAD. This noncompressibility is related to the presence of medial arterial calcification which is more common in the elderly and diabetics, compared to just atherosclerosis in the general PAD (ABI ≤ 0.9) population (14).

Prior studies that have evaluated this relationship have defined PAD as ABI < 1.0 or > 1.4 (15,16). In a recent report by O’Neal and colleagues using data from the MESA study (16), the associations between AF and high (> 1.4) and low (< 1.0) ABI values were examined separately. They were found to be in the same direction as the main result for PAD (defined as both ABI < 1.0 and ABI > 1.4 grouped together). The adjusted HR for ABI < 1.0 , was 1.5, 95% CI 1.1 to 2.0; ABI > 1.4 , adjusted HR 1.8, 95% CI 0.65 to 4.8). The authors stated that the result for ABI values > 1.4 was not significant due to the small number of participants in this group (n=40) and consequently a small number of AF cases (n=4). We anticipate that the higher number of participants and incident AF cases in ARIC will provide greater power to evaluate an association with ABI > 1.4 . Also, examining the borderline ABI group separately will provide insights into the effect of early stages of PAD on AF incidence.

5. Main Hypothesis/Study Questions:

Aim 1: Evaluate the longitudinal association of PAD (ABI ≤ 0.9 or > 1.40) measured at visit 1 with AF incidence.

Hypothesis 1: PAD is independently associated with incident AF.

ABI is categorized as follows:

≤0.90	Abnormal
0.91 to 0.99	Borderline
1.0 to 1.40	Normal
>1.40	Non-compressible

Aim 2: Evaluate the longitudinal association of borderline PAD (ABI 0.91-0.99) measured at visit 1 with AF incidence.

Hypothesis 2: Compared with the normal group, borderline PAD is independently associated with incident AF.

Aim 3: Evaluate the longitudinal association between ABI ≤0.9 and ABI >1.4, separately with AF incidence.

Hypothesis 3: ABI ≤0.9 and ABI >1.4 are both associated with AF incidence.

6. Design and analysis (study design, inclusion/exclusion, outcome and other variables of interest with specific reference to the time of their collection, summary of data analysis, and any anticipated methodologic limitations or challenges if present).

Study population

Visit 1 (1987-89) through 2012

Inclusion criterion:

Participants attending visit 1

Exclusion criteria:

Missing ABI

Non-whites, non-blacks

Prevalent AF

Unreadable ECG

Missing covariates

Exposure variables

ABI measured at visit 1 in 4 categories (≤0.9, 0.91-0.99, 1.0-1.4, >1.40), and as guideline recommended categories as follows:

≤0.90	Abnormal
0.91 to 0.99	Borderline
1.0 to 1.40	Normal
>1.40	Non-compressible

Dependent variables

Incident AF

Covariates

Age, sex, educational level, smoking status (current, former, never), body mass index, systolic blood pressure, diabetes, coronary heart disease, heart failure, use of antihypertensive medications.

Statistical analysis

Aim 1

Using cox proportional regression models, we will assess the association between PAD (ABI ≤ 0.9 and ABI > 1.40) and incident AF.

Model 1: Adjusted for age and sex

Model 2: Model 1 + educational level, smoking status, body mass index, SBP, use of antihypertensive medication, diabetes, coronary heart disease, heart failure,

Aim 2:

Using cox proportional regression models, we will assess the association between borderline PAD (ABI 0.91-0.99) and incident AF.

Model 1: Adjusted for age and sex

Model 2: Model 1 + educational level, smoking status, body mass index, SBP, use of antihypertensive medication, diabetes, coronary heart disease, heart failure,

Aim 3:

Using cox proportional regression models, we will assess the association between ABI ≤ 0.90 and ABI > 1.4 separately with incident AF.

Model 1: Adjusted for age and sex

Model 2: Model 1 + educational level, smoking status, body mass index, SBP, use of antihypertensive medication, diabetes, coronary heart disease, heart failure,

**7.a. Will the data be used for non-CVD analysis in this manuscript? ___ Yes
__X__ No**

**b. If Yes, is the author aware that the file ICTDER03 must be used to exclude persons with a value RES_OTH = "CVD Research" for non-DNA analysis, and for DNA analysis RES_DNA = "CVD Research" would be used? ___ Yes
___ No**

(This file ICTDER has been distributed to ARIC PIs, and contains the responses to consent updates related to stored sample use for research.)

**8.a. Will the DNA data be used in this manuscript?
___ Yes __X__ No**

8.b. If yes, is the author aware that either DNA data distributed by the Coordinating Center must be used, or the file ICTDER03 must be used to

exclude those with value RES_DNA = "No use/storage DNA"?

Yes No

9. The lead author of this manuscript proposal has reviewed the list of existing ARIC Study manuscript proposals and has found no overlap between this proposal and previously approved manuscript proposals either published or still in active status. ARIC Investigators have access to the publications lists under the Study Members Area of the web site at: <http://www.csc.unc.edu/ARIC/search.php>

Yes No

10. What are the most related manuscript proposals in ARIC (authors are encouraged to contact lead authors of these proposals for comments on the new proposal or collaboration)?

#1740 : AF and Dementia – Chen

#1739: AF and Cognitive Decline – Chen

The authors of the proposals above will be included as co-authors in the current proposal.

- 11.a. Is this manuscript proposal associated with any ARIC ancillary studies or use any ancillary study data? Yes No

- 11.b. If yes, is the proposal

A. primarily the result of an ancillary study (list number* 2013.14)

B. primarily based on ARIC data with ancillary data playing a minor role (usually control variables; list number(s)* _____)

*ancillary studies are listed by number at <http://www.csc.unc.edu/aric/forms/>

- 12a. Manuscript preparation is expected to be completed in one to three years. If a manuscript is not submitted for ARIC review at the end of the 3-years from the date of the approval, the manuscript proposal will expire.

12b. The NIH instituted a Public Access Policy in April, 2008 which ensures that the public has access to the published results of NIH funded research. It is your responsibility to upload manuscripts to PUBMED Central whenever the journal does not and be in compliance with this policy. Four files about the public access policy from <http://publicaccess.nih.gov/> are posted in <http://www.csc.unc.edu/aric/index.php>, under Publications, Policies & Forms. http://publicaccess.nih.gov/submit_process_journals.htm shows you which journals automatically upload articles to Pubmed central.

13. References

1. Go AS, Hylek EM, Phillips KA, Chang YC, Henault LE, Selby JV, Singer DE. Prevalence of diagnosed atrial fibrillation in adults - national implications for rhythm management and stroke prevention: The anticoagulation and risk factors in atrial fibrillation (atria) study. *Jama-J Am Med Assoc.* 2001;285:2370-2375
2. Wolf PA, Abbott RD, Kannel WB. Atrial-fibrillation as an independent risk factor for stroke - the framingham-study. *Stroke.* 1991;22:983-988
3. Wang TJ, Larson MG, Levy D, Vasani RS, Leip EP, Wolf PA, D'Agostino RB, Murabito JM, Kannel WB, Benjamin EJ. Temporal relations of atrial fibrillation and congestive heart failure and their joint influence on mortality - the framingham heart study. *Circulation.* 2003;107:2920-2925
4. Benjamin EJ, Wolf PA, D'Agostino RB, Silbershatz H, Kannel WB, Levy D. Impact of atrial fibrillation on the risk of death. *Circulation.* 1998;98:946-952
5. Chen LY, Sotoodehnia N, Buzkova P, Lopez FL, Yee LM, Heckbert SR, Prineas R, Soliman EZ, Adabag S, Konety S, Folsom AR, Siscovick D, Alonso A. Atrial fibrillation and the risk of sudden cardiac death the atherosclerosis risk in communities study and cardiovascular health study. *Jama Intern Med.* 2013;173:29-35
6. Naccarelli GV, Varker H, Lin J, Schulman KL. Increasing prevalence of atrial fibrillation and flutter in the United States. *Am J Cardiol.* 2009;104:1534-1539.
7. Winkel TA, Hoeks SE, Schouten O, Zeymer U, Limbourg T, Baumgartner I, Bhatt DL, Steg PG, Goto S, Röther J, Cacoub PP, Verhagen HJ, Bax JJ, Poldermans D. Prognosis of atrial fibrillation in patients with symptomatic peripheral arterial disease: data from the REduction of Atherothrombosis for Continued Health (REACH) Registry. *Eur J Vasc Endovasc Surg.* 2010;40:9-16.
8. Goto S, Bhatt DL, Röther J, Alberts M, Hill MD, Ikeda Y, Uchiyama S, D'Agostino R, Ohman EM, Liau CS, Hirsch AT, Mas JL, Wilson PW, Corbalán R, Aichner F, Steg PG; REACH Registry Investigators. Prevalence, clinical profile, and cardiovascular outcomes of atrial fibrillation patients with atherothrombosis. *Am Heart J.* 2008;156:855-63, 863.e2.
9. Feinberg WM, Blackshear JL, Laupacis A, Kronmal R, Hart RG. Prevalence, age distribution, and gender of patients with atrial fibrillation. Analysis and implications. *Arch Intern Med* 1995;155:469-473.
10. Perez MV, Wang PJ, Larson JC, Soliman EZ, Limacher M, Rodriguez B, Klein L, Manson JE, Martin LW, Prineas R, Connelly S, Hlatky M, Wassertheil-Smoller S, Stefanick ML. Risk factors for atrial fibrillation and their population burden in postmenopausal women: the Women's Health Initiative Observational Study. *Heart.* 2013;99:1173-1178.
11. O'Neal WT, Efirid JT, Nazarian S, Alonso A, Heckbert SR, Soliman EZ. Peripheral arterial disease and risk of atrial fibrillation and stroke: the multi-ethnic study of atherosclerosis. *J Am Heart Assoc.* 2014;3:e001270 doi: 10.1161/JAHA.114.001270.
12. Conway DS, Lip GY. Comparison of outcomes of patients with symptomatic peripheral artery disease with and without atrial fibrillation (the West Birmingham Atrial Fibrillation Project). *Am J Cardiol* 2004;93:1422e5. A10.
13. Rooke TW, Hirsch AT, Misra S, Sidawy AN, Beckman JA, Findeiss LK, Golzarian J, Gornik HL, Halperin JL, Jaff MR, Moneta GL, Olin JW, Stanley JC,

- White CJ, White JV, Zierler RE; Society for Cardiovascular Angiography and Interventions; Society of Interventional Radiology; Society for Vascular Medicine; Society for Vascular Surgery. 2011 ACCF/AHA Focused Update of the Guideline for the Management of Patients With Peripheral Artery Disease (updating the 2005 guideline): a report of the American College of Cardiology Foundation/American Heart Association Task Force on Practice Guidelines. *J Am Coll Cardiol*. 2011 Nov 1;58(19):2020-45. doi: 10.1016/j.jacc.2011.08.023.
14. Micheletti RG, Fishbein GA, Currier JS, Singer EJ, Fishbein MC (August 2008). "Calcification of the internal elastic lamina of coronary arteries". *Mod. Pathol*. 21 (8): 1019–28. doi:10.1038/modpathol.2008.89. PMID 18536656.
 15. Perez MV, Wang PJ, Larson JC, Soliman EZ, Limacher M, Rodriguez B, Klein L, Manson JE, Martin LW, Prineas R, Connelly S, Hlatky M, Wassertheil-Smoller S, Stefanick ML. Risk factors for atrial fibrillation and their population burden in postmenopausal women: the Women's Health Initiative Observational Study. *Heart*. 2013;99:1173–1178.
 16. O'Neal WT, Efird JT, Nazarian S, Alonso A, Heckbert SR, Soliman EZ. Peripheral arterial disease and risk of atrial fibrillation and stroke: the Multi-Ethnic Study of Atherosclerosis. *J Am Heart Assoc*. 2014 Nov 17;3(6):e001270. doi: 10.1161/JAHA.114.001270.