## **ARIC Manuscript Proposal #846**

PC Reviewed: 11/29/01	Status:A	Priority:2_
SC Reviewed: 12/03/01	Status:A	Priority:2_

**1.a. Full Title:** Mitral Annular Calcification and Its Association to Carotid Atherosclerosis in African Americans

- b. Abbreviated Title (Length 26 characters): MAC and Carotid disease
- 2. Writing Group (list individual with lead responsibility first):

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3. Timeline: Submit to the Publication Committee 11/26/2001

Analysis Completed 12/10/2001 Draft manuscript 01/10/2002 Final manuscript 03/10/2002

NHLBI and ARIC Committee clearance 04/10/2002

Submission for publication 4/15/2002

4. Rationale: Mitral annular calcification (MAC) represents an echocardiographic and radiologic finding which, although recognized for many year now, has perplexed clinicians as to its clinical significance. Data from the past twenty years have shown a correlation between MAC and advanced age, female gender, left atrial enlargement, atrial fibrillation, conduction abnormalities, hypertension, renal dysfunction, and thromboembolic strokes, two recent studies have shown a correlation between MAC and carotid atherosclerosis which have led authors to the conclusion that MAC probably represents a systemic manifestation of the atherosclerotic process which occurs in the aorta and carotid arteries. This carotid atherosclerosis is the probable reason for higher stroke rates in patients with MAC. To date, no study has looked at the correlation between MAC and carotid atherosclerosis in an African American population.

- 5. Main Hypothesis/Study Questions: Is there a correlation between MAC and carotid atherosclerosis in the Jackson Cohort of the ARIC study?
- 6. Data (variables, time window, source, inclusions/exclusions):Echocardiographic measurements of MAC severity will be used to assess the association of the exposure MAC and the outcome carotid artery disease. Mitral annular calcification measurements were obtained by echocardiogram during the 3<sup>rd</sup> cycle of the ARIC study. Carotid disease will be determined by the degree of vessel stenosis as measured by carotid ultrasound. Correlations with intimal-media thickness and carotid distensibility will also be made. Confounders for this study will include age, gender, hypertension, diabetes, smoking, cholesterol, LV size, LA size and body mass index. Information regarding whether patients were in atrial fibrillation, have normal renal function or have a history of stroke will be evaluated.

The sample population will consist of some 1730 participants with a mean age of 52 years. Approximately 35% are men and 65% are women. Continuous dependent variables will be carotid stenosis, intimal-media thickness and carotid artery distensibility. Discrete independent variables will be hypertension (yes/no), smoking history (yes/no), diabetes status (yes/no). Continuous independent data include LA size, LV size and BMI. Mitral annular calcification will be used as ordinal data. Categories include those with severe MAC (>5mm), those with mild-moderate MAC (5-3mm) and those with less than mild to no MAC.

Descriptive data will be reviewed for each of the variables collected including the mean, median, maximum, minimum, range, skewness and kurtosis. Univariate analysis will be performed using simple linear regression for continuous data comparing exposure and confounders with the outcome. For discrete data we will use both t-test and Chisquare test. Multiple linear regression will be used for adjustment to assess the correlation between exposure/confounder with the outcome variable.

7.a.	Will the data be used for non-CVD analysis in this manuscript?	Yes	x No
b	. If Yes, is the author aware that the file ICTDER02 must be used to with a value RES_OTH = "CVD Research" for non-DNA analysis.	-	
	_	Yes	
8.a.	Will the DNA data be used in this manuscript?	Yes	x_ No
8.b.	. If yes, is the author aware that either DNA data distributed by the Center must be used, or the file ICTDER02 must be used to exclude	le those wi	th value
	RES_DNA = "No use/storage DNA"?	Yes	No
	The lead author of this manuscript proposal has reviewed the list of Study manuscript proposals and has found no overlap between this previously approved manuscript proposals either published or still ARIC Investigators have access to the publications lists under the Study	s proposal a in active st	and atus.

the web site at: http://bios.unc.edu/units/cscc/ARIC/stdy/studymem.html

\_\_\_x\_ Yes \_\_\_\_No