

Population Architecture using Genomics and Epidemiology (PAGE)

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PAGE Manuscript Proposal Template

Submit proposals by email to the PAGE Coordinating Center at Rwilliams@biology.rutgers.edu

*All sections must be completed; incomplete applications will be returned.
Do not exceed 3 pages in length (not including references).*

PAGE Ms. Number: 122 Submission Date : 07/26/2019 [Approval Date: _____]

Title of Proposed MS: Methylation patterns associated with lipid traits and the modifying effect of smoking and alcohol intake in multi-ethnic populations

Abbreviated Title of Proposed MS: DNA methylation and lipid levels

I. INVESTIGATOR INFORMATION:

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Authorship model: Authorship will be determined based on contributions.

Junior Investigator? Y/N

Y

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Names, affiliations and email address of PAGE Investigators proposed as co-authors:

N, N	Affiliation in PAGE	Email
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Partner studies in PAGE not collaborating in this ms. proposal:

Study	Contacted? Y/N	Declined? / Other?

Names, affiliations, email address of non-PAGE investigators proposed as co-authors:

II. SCIENTIFIC RATIONALE (Please be specific and concise)

Circulating levels of lipids such as high-density lipoprotein (HDL), low-density lipoprotein (LDL), total cholesterol (TC), and triglycerides (TG), are clinically associated with cardiovascular disease, type 2 diabetes, and fatty liver disease¹⁻³. Plasma lipid levels are heritable polygenic traits, with twin studies estimating narrow-sense heritability from 0.48 to 0.76⁴. Genetic association studies have identified over 400 lipids-associated loci⁵⁻¹¹. However, the phenotypic variance explained by these identified variants is limited (8.8-12.3%), highlighting the importance of searching for additional factors that contribute to interindividual variation of lipids levels beyond genetic sequence variants. In addition, previous studies have reported the modifying effects of non-genetic factors on lipid-gene associations, including smoking¹⁰ and alcohol intake¹².

DNA methylation is an epigenetic modification characterized by the addition of methyl groups predominantly to cytosines at CpG sites and plays a pivotal role in gene expression through promoter silencing^{13,14}. DNA methylation has been linked to regulation of lipid levels in previous studies, and a total of 189 CpG sites have been reported for association with lipids through methylome-wide association analyses, 39 of which have shown consistent replications across different studies¹⁵⁻²⁰. These findings provided novel insights into the underlying mechanisms of lipid metabolism.

However, all these analyses were performed in European-ancestry populations with moderate sample sizes. It remains unknown whether these identified CpG-lipid associations could be generalized to African Americans, Hispanic/Latinos and other racial/ethnic groups. Previous studies have indicated population-specific effects at several body mass index-associated methylation loci²¹ and higher methylation genetic risk scores of type 2 diabetes in Asians compared to Europeans²², highlighting the importance of examining lipids-associated methylation sites in ancestrally diverse populations. In addition, knowledge on the interaction of methylation patterns and non-genetic factors on lipid profiles is extremely limited.

III. OBJECTIVES AND PLAN (Please be specific and concise)

a. Study Questions/Hypotheses.

- To identify novel CpG sites associated with lipid levels in ancestrally diverse populations.
- To explore the generalization and potential heterogeneity of the previously reported and newly discovered CpG sites by examining their effect sizes and association directions across ethnic groups.
- To explore the modification effects of smoking and alcohol intake on CpG-lipid associations.
- To infer the causality between differential methylation and the change of lipid profiles.

b. Study populations, study design for each

The proposed analyses will include ancestrally diverse studies with methylation data measured by Illumina arrays, such as WHI and ARIC.

c. Variant/SNPs (Specify)

We propose to use all genomic variants in WHI and ARIC.

d. Phenotype(s) (Specify)

High-density lipoprotein, low-density lipoprotein, total cholesterol, and triglycerides.

e. Covariates (Specify)

Lipid lowering drugs, age, gender, race/ethnicity, study, center, family structure, white blood cell species and technical covariates.

f. Main statistical analysis methods

Before analysis, all four lipid levels will be adjusted for lipid lowering drug intakes and will be inverse-normally transformed within each study. Beta values, which indicate the ratio of methylated to combined intensity from the methylation arrays, will be calculated and normalized using a Beta-Mixture Quantile dilation (BMQ) approach²³.

In the methylome-wide association analyses, we first plan to perform methylation-lipid association analyses with adjustment for age, sex, race/ethnicity, center (if applicable), proportion of white blood cell species estimated using the Houseman method²⁴ and technical covariates (chip as random effect, and row and column as fixed effect). The summary statistics from these two studies will be combined through inverse variance-weighted fixed-effect meta-analyses. Bonferroni corrections will be applied to these models where $\alpha=0.05/(\text{number of CpG sites tested})$ in order to define significant CpG sites. We will then perform ethnic-specific methylome-wide association analyses in African American and Hispanic/Latino populations, respectively, and explore the generalizability and heterogeneity of the newly identified and previously reported lipids-associated CpG sites across these ethnic groups through examination of their association directions and effect estimates in each ancestral group.

To identify CpG sites that interplay with smoking and alcohol intake, we will perform 2-degree-of-freedom tests that jointly evaluates main effects (CpG sites) and interaction (CpG sites by smoking or by alcohol intake) with the same adjustment applied in the main model.

In the Mendelian randomization analyses, we plan to use genetic variants as instrumental variables to determine whether differential methylation is consequential to the change of lipid profiles or vice versa.

g. Ancestry information used? No ___ Yes Y How is it used in the analyses?

Ancestry information will be used as a covariate in the methylome-wide association analysis to adjust for population stratification.

h. Anticipated date of draft manuscript to P&P: September 2020

i. What manuscript proposals listed on www.pagestudy.org/index.php/manuscripts/ are most related to the work proposed here? Approved PAGE ms. numbers: _____

- **If any: Have the lead authors of these proposals been contacted for comments and/or collaboration? Yes ___ No ___**

IV. SOURCE OF DATA TO BE USED (Provide rationale for any data whose relevance to this manuscript is not obvious): **Check all that apply:**

Aggregate/summary data to be generated by investigators of the study(ies) mentioned:

[] ISMMS; [X] CALiCO; [] MEC; [X] WHI; [] CC; [] Other: _____

If CALiCo please specify:

Included on MEGA Array: [] SOL

Studies not on MEGA: [X] ARIC; [] CARDIA; [] SHS-Fam; [] SHS-Cohort;

I, YH, affirm that this proposal has been reviewed and approved by all listed investigators.

V. REFERENCES

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VI. IF USING SOL DATA (Please provide the information below)

- a. **Keywords:**
- b. **Using biomarker data? Yes ___ No N**
- c. **Where will the SOL data analyses be performed?**

VII. IF USING CHS DATA (Please provide the information below)

- a. **Do you propose use of data from a participant's DNA?**