ARIC Manuscript Proposal # 1132

PC Reviewed: _02/_21_/06	Status:	Priority:
SC Reviewed:	Status:	Priority:

1.a. Full Title: Relationship between ABO Blood Group and Venous Thromboembolism (VTE) and its effect modifiers. The Longitudinal Investigation of Tromboembolism Etiology (LITE) study

b. Abbreviated Title (Length 26 characters): ABO Blood Type and VTE

2. Writing Group:

Writing group members: Tetsuya Ohira, MD; Michael Y. Tsai, PhD; Mary Cushman, MD; Wayne D. Rosamond, PhD; Susan R. Heckbert, MD; Aaron R. Folsom, MD.

I, the first author, confirm that all the coauthors have given their approval for this manuscript proposal. <u>T. O</u> [please confirm with your initials electronically or in writing]

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3. Timeline: We expect to complete the manuscript by April 2006.

4. Rationale:

An association between ABO blood type and venous thromboembolism (VTE) risk has been reported. Most, but not all, studies reported that the non-O group had a higher risk of VTE

compared with the O blood type. (1-5) However, potential mechanisms or effect modifiers for the association are not established.

Several studies reported that non-O individuals had higher levels of Factor VIII (FVIII) and von Willebrand factor (vWF) than Group O individuals. (6-8) Since our LITE prospective study showed that elevated FVIII and vWF levels predicted future incidence of VTE, (9) altered coagulation factor levels is one of several plausible explanations of how ABO blood type may affect VTE occurrence. However, a case-control study reported that high FVIII levels and non-O blood groups were independent risk factors for VTE. (5)

On the other hand, rates of VTE are markedly lower in Asians than in whites and African Americans, (10, 11) and yet, whites and African Americans have a higher percentage of Group O compared with Asians. (12) Compared with other ethnic groups, Asians tend to have lower prevalences of obesity, (13) diabetes, (14) and factor V Leiden, (15) which are important risk factors of VTE. (16, 17) Therefore, these genetic and lifestyle factors may modify the association between ABO blood type and VTE.

We wish to examine the association between ABO blood group and VTE and its effect modifiers using data from The Longitudinal Investigation of Tromboembolism Etiology (LITE) study.

5. Main Hypothesis/Study Questions:

- 1. Compared with Group O individuals, non-O individuals have higher incidence of VTE.
- 2. The association of ABO blood type with VTE is observed in both whites and African Americans and in both men and women.
- 3. The association between ABO blood type and VTE will be stronger in the presence of obesity, diabetes, factor V Leiden, and high levels of vWF, FVIII, and homocysteine.

6. Data (variables, time window, source, inclusions/exclusions):

Inclusions: LITE nested VTE cases and controls

Exclusions: Subjects with prior history of VTE, warfarin use, and missing lab variables

Dependent variable: Case/control status. Also subdivided by ARIC/CHS, idiopathic/secondary.

Independent variable: ABO blood type

Covariates: Age, race, sex, body mass index, diabetes, FVIII, vWF, homocysteine, factor V Leiden

Analysis:

- (1) We will examine associations of covariates with ABO blood type via ANOVA
- (2) The odds ratios of VTE and 95% confidence intervals for non-O blood type relative to Group O will be calculated with adjustment for age and other covariates using the logistic regression model. Interactions of obesity, diabetes, factor V Leiden, and high levels of FVIII will be examined using cross-product terms.

7.a. Will the data be used for non-CVD analysis in this manuscript? ____ Yes __X__ No

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the approval, the manuscript proposal will expire.

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