



INSTRUCTIONS FOR UCLA LONELINESS SCALE FORM (ULS)

I. General Instructions

The UCLA Loneliness Scale measures subjective ratings of social isolation and loneliness (e.g. lacking companionship, feeling left out, and isolated from others, among others).

This is an interviewer-administered questionnaire given to all participants. The interviewer will ask the participant each question and record one response for each question.

This form is to be completed during the participant's Baseline and Visits 6, 7, 9, and 11.

II. Detailed instructions for each item

0a. Enter the date the form was completed.

0b. Enter staff ID of the person administering the form

Please read the following instructions to the participant:

"I am going to ask you some questions. Please indicate how often you feel the way described in each of the following statements."

Q1-20:

All questions have the same 4 responses: Never, Rarely, Sometimes, and Always. Please use the Response Card to help the participant choose their response.

Preface each question with: "How often do you feel..."

The interviewer may re-read the questions and the answer options if the participant has trouble choosing an answer. When asking these questions, interviewers should be careful to not comment on respondent's answers and to record answers in a non-judgmental manner.

1. Never
2. Rarely
3. Sometimes
4. Always