**C:\Users\jcaldous\AppData\Local\Microsoft\Windows\INetCache\Content.MSO\B8FE007B.tmp Orthostatic Hypotension (OH) Protocol Instruction Script**

I am going to review the instructions for this assessment before we begin. This assessment takes about 15-20 minutes. First, you will be asked to lie still and flat for 5 minutes without talking, and then we will measure your blood pressure 3 times in the lying position.

Next, we will ask you to stand up without talking and will measure your blood pressure 6 times in the standing position. **If you think you will need assistance during the standing process, please let me know now.**

Once the 6 standing blood pressure measurements are completed, which will take about 6 minutes, we will ask you 2 questions about dizziness. Here are the questions *(show Likert scale question and read it)*:

*Did you feel dizziness, lightheadedness, faint, or like you might black out in the process of standing up? Please rate on a scale from 1 to 5, with 1 being “no symptoms” and 5 being the “worst possible”, please rate.*

*Did you feel dizziness, lightheadedness, faint, or like you might black out at any time while standing? Please rate on a scale from 1 to 5, with 1 being “no symptoms” and 5 being the “worst possible”, please rate.*

The sign will be on the wall, and we will read the question again when we want you to answer. Please just state the appropriate number corresponding with your symptoms on the scale.

Throughout the measurement we ask you to avoid talking except when asked or if you have an immediate safety concern, as talking can influence blood pressure measurements. Do you have any questions about this protocol or would you like me to repeat anything?

**Do you think you might need assistance with standing or do you have any concerns about safety when standing?**

*Repeat instructions and answer questions if needed.*