

Approved June 14, 2023

Name of ARIC Gen2 Recruit
Street address
Town/city, State, Zip code

Dear <title> <name>:

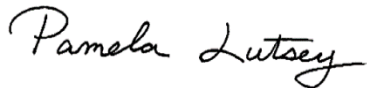
A new research study is being conducted at the University of Minnesota as part of the long-running Atherosclerosis Risk in Communities (ARIC) Study. This new study is called the ARIC Generation 2 Study (ARIC Gen2), and it is sponsored by the National Institutes of Health. The purpose of this study is to evaluate the link between glucose and heart problems in adults with type 2 diabetes. Heart problems can be common in people with type 2 diabetes. We are recruiting adults 50 to 80 years of age who have a diagnosis of type 2 diabetes.

Eligible people will be invited to participate in a free medical screening clinic where blood pressure, glucose, body size, physical functioning, and memory will be measured. We will conduct interviews to collect some information on factors related to your health and health history. We will also place two small devices on you that will monitor your glucose and heart rhythm for 2 weeks. The glucose monitor is placed on the arm and the heart rhythm monitor is a sticker that is placed on the chest. Both devices are regularly used by medical doctors.

All information will be held strictly confidential and used only for research purposes. This research study will provide important information on your health status and will aid physicians in understanding the relationship between type 2 diabetes and heart problems.

Please call us at 612-624-8914 if you are interested in learning more about the study. Our staff can work with you on many flexible options to accommodate your needs. We thank you for your assistance with this research study.

Sincerely,



Pamela L. Lutsey, Ph.D.
ARIC Study
Principal Investigator