

ARIC GENERATION 2

STUDY DURATION

Participation in the research study will be for two weeks with additional follow-up. The two weeks includes the initial visit to the Field Center, wearing the devices, and then mailing the devices back after the two-week monitoring period is over. Participants will also be followed over time with semi-annual phone calls and hospital chart review.

STUDY SITE INFORMATION

University of Minnesota

Phone: 612-624-8914

Study Site Address:
Epidemiology Clinical Research
Center
University of Minnesota
1100 Washington Ave S, Suite 201
Minneapolis, MN 55415

Study Site Principal Investigator:
Dr. Pamela Lutsey



**VOLUNTEERS NEEDED:
DO YOU HAVE TYPE 2 DIABETES?**

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WHAT IS ARIC GEN2?

The purpose of the ARIC Gen2 research study is to evaluate the link between glucose and heart problems in adults with type 2 diabetes. Heart problems can be common in people with type 2 diabetes. We are interested in measuring your blood sugar (glucose) using a continuous glucose monitor and monitoring your heart rhythm at the same time.

IS ARIC GEN2 FOR YOU?

Participants will be adults aged 50 to 80 years of age with a diagnosis of type 2 diabetes. If you have type 2 diabetes, you are potentially eligible to participate in our study.

WHAT WILL HAPPEN?

Participants will be asked to come to the ARIC Field Center to collect some information and we will also study your glucose and heart rhythm for 2 weeks following the clinic visit.

Your glucose and heart rhythm will be monitored using two separate devices that are very small and placed on the skin. The glucose monitor is placed on the arm. The heart rhythm monitor is a sticker that is placed on your chest. Both devices are regularly used by medical doctors. They are worn for two weeks.



During the initial clinic visit, participants will be asked some questions to collect basic information and will be asked to complete some memory tests.



The heart rhythm monitor is a sticker that is placed on your chest.



The continuous glucose monitor (CGM) is placed on the arm.



WILL I BE COMPENSATED?

Participants will receive a payment for participation of up to \$170. Free parking and snacks will be provided at the clinic visit.

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