

# VOLUNTEERS NEEDED: DO YOU HAVE TYPE 2 DIABETES?

Participate in a research study on type 2 diabetes and the heart with the Atherosclerosis Risk in Communities Generation 2 (ARIC Gen2) Study

## What is ARIC Gen2?

The purpose of the research study is to evaluate the link between glucose and heart problems in adults with type 2 diabetes. Heart problems can be common in people with type 2 diabetes. We are interested in measuring your blood sugar (glucose) using a continuous glucose monitor and monitoring your heart rhythm at the same time.

## Is ARIC Gen2 for you?

Participants will be adults aged 50 to 80 years with a diagnosis of type 2 diabetes. If you have type 2 diabetes, you are potentially eligible to participate in our study.

## Where do the study visits take place?

ARIC Gen2 will be conducted at the ARIC Field Center: Epidemiology Clinical Research Center at the University of Minnesota

## What will happen?

Participants will be asked to come to the ARIC Field Center to collect some information, complete some memory tests, and receive your glucose and heart monitoring devices.

Your glucose and heart rhythm will be monitored using two separate devices that are very small and placed on the skin. The glucose monitor is placed on the arm. The heart rhythm monitor is a sticker that is placed on your chest. Both devices are regularly used by medical doctors. They are worn for two weeks. After the two weeks, you can expect to receive semi-annual follow up calls.

## Will I be compensated?

Participants will receive a payment for participation of up to \$170. Free parking and snacks will be provided at the clinic visit.

# IF I DECIDE TO PARTICIPATE, WHAT ARE MY NEXT STEPS?

## Study Site Information

### Contact Us:

Phone: 612-624-8914

Study Contact Name: Kathryn Hioloski

Address: Epidemiology Clinical Research Center

University of Minnesota

1100 Washington Ave S, Suite 201

Minneapolis, MN 55415



612-624-8914  
Dr. Pamela Lutsey, Site Principal Investigator  
Study number: IRB00311999



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